

Use of molecular sewage indicator methods to reduce uncertainty in watershed remediation efforts and water contact recreation

CBT Pooled Monitoring Workshop

Maryland Department of the Environment
Baltimore, MD 21230
June 18, 2025



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Zooquatic, Baltimore DPW, Blue Water Baltimore, Healthy Harbor Initiative

Research Question and Hypotheses

- Question 5a: “Restoration at project scale”: Pollutants of emerging concern, Bacteria.
- *Original Hypotheses*
- **H1)** Combining MST and FIB methods will allow a qualitative assignment of the relative proportion of human versus non-human FIB in a given water sample.
- **H2)** Daily testing, using both standard FIB culture and PCR methods to detect human vs non-human fecal bacteria, will show that high FIB counts do not always correspond to high human MST (Bacteroides) signals.
- **H3)** Daily testing of water quality will provide knowledge about the duration and drivers of sewage-derived bacteria and other FIB in tidal water that could not be achieved with weekly testing.

Swimmable Harbor Goals

- Goal set in 2010 by the Waterfront Partnership
- Baltimore under EPA, DOJ sewage consent decree
- “Swimmable” = Fecal Indicator Bacteria below EPA threshold



The reimagined Middle Branch



Baltimore Blue Way

Fecal Indicator Bacteria (FIB) can be measured many ways

e.g., Enterococcus

M-entero agar

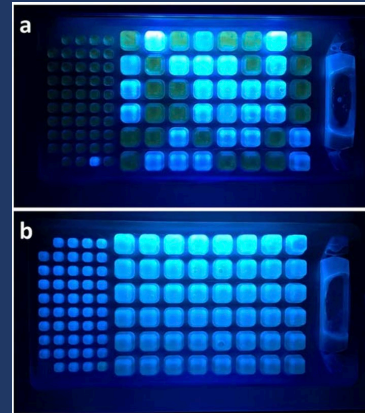


24 hours

Colony growth

CFU

IDEXX

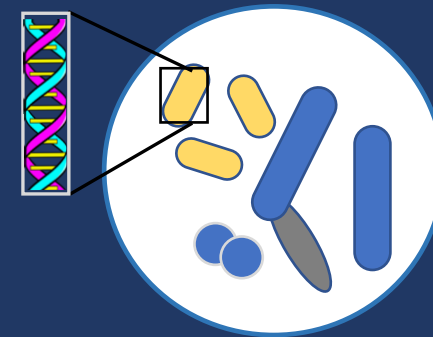


24 hours

Metabolic activity

MPN

Species-specific qPCR



6 hours

Bacteria genomic DNA

Genome copy

Minimum
process time

What is
measured

Data output

FIB have various possible origins

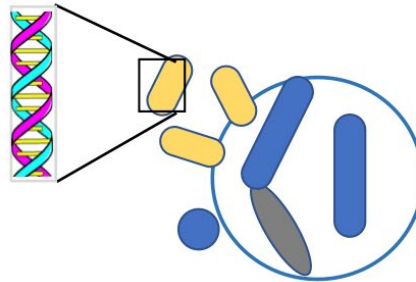


(Upper photo: Cladophora in Baltimore:
https://eyesonthebay.dnr.maryland.gov/hab/news_062404.cfm)

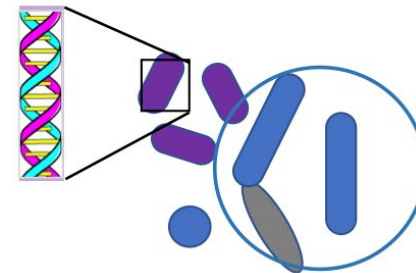
Some fecal indicator species are more host-specific than others



Environmental
bacteria include FIB



FIB and species-specific
Bacteroides bacteria



Lachnospiraceae, humans
Others species for other hosts

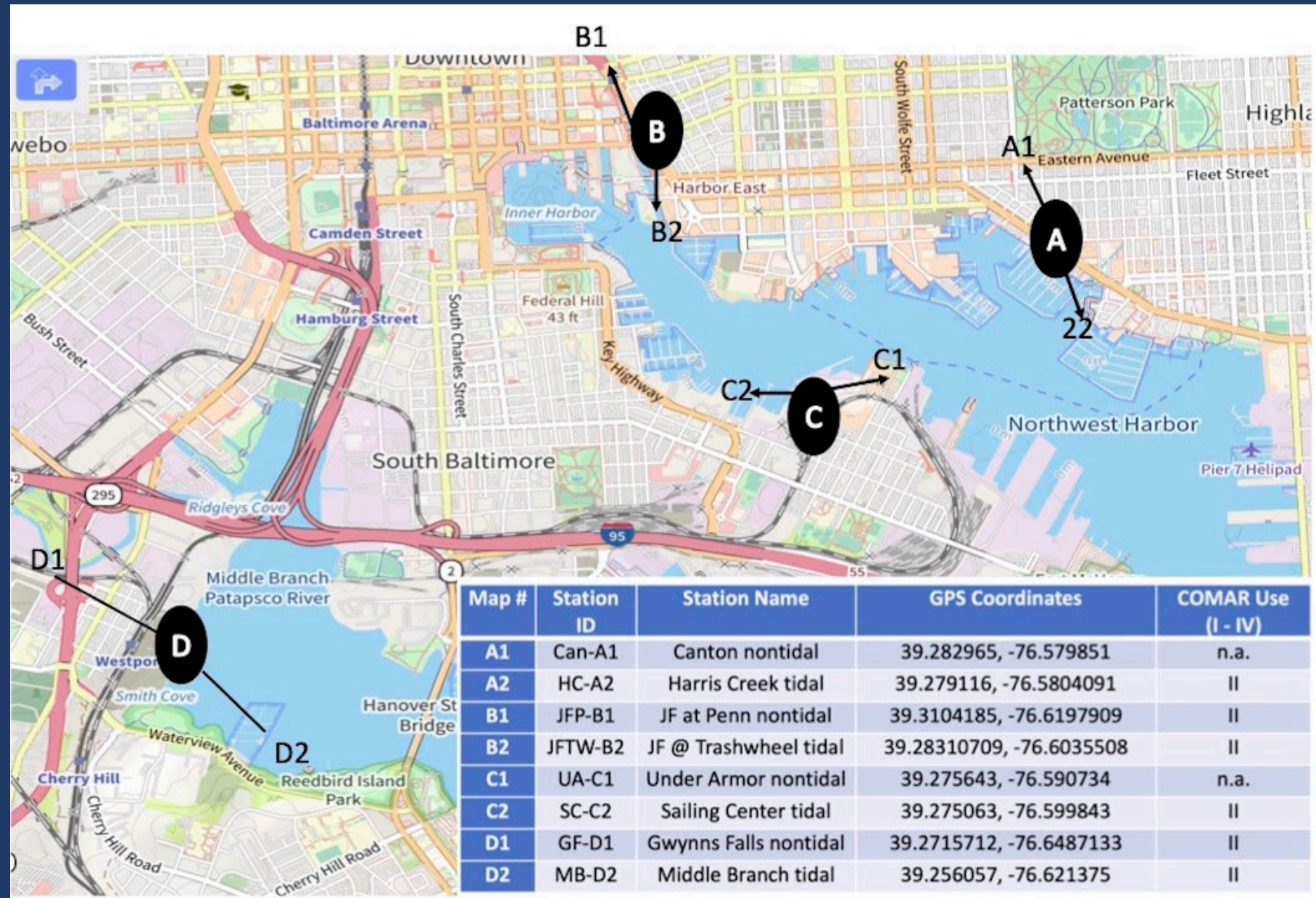
E. coli
Enterococcus

Study design

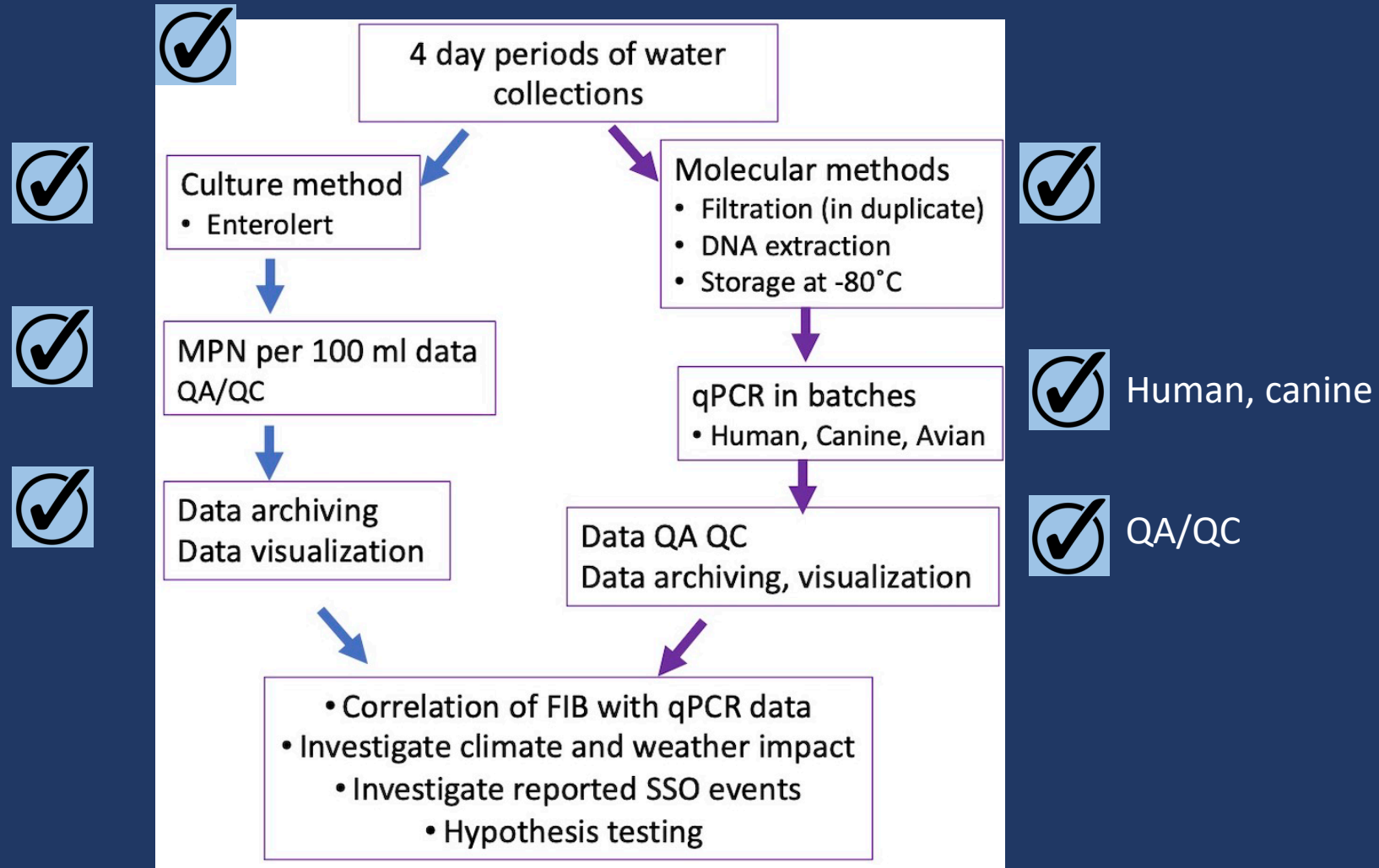
Paired tidal and nontidal sites, four locations

Four-day repeated samples at each location
-morning collection by 9 am

Three months in the recreational season
-July, Aug, Sept.



Study Design



Anticipated findings

Rivers and major outfalls will behave like point sources to the estuary

→ MPN and human MST will be higher in the river than in the receiving tidal water

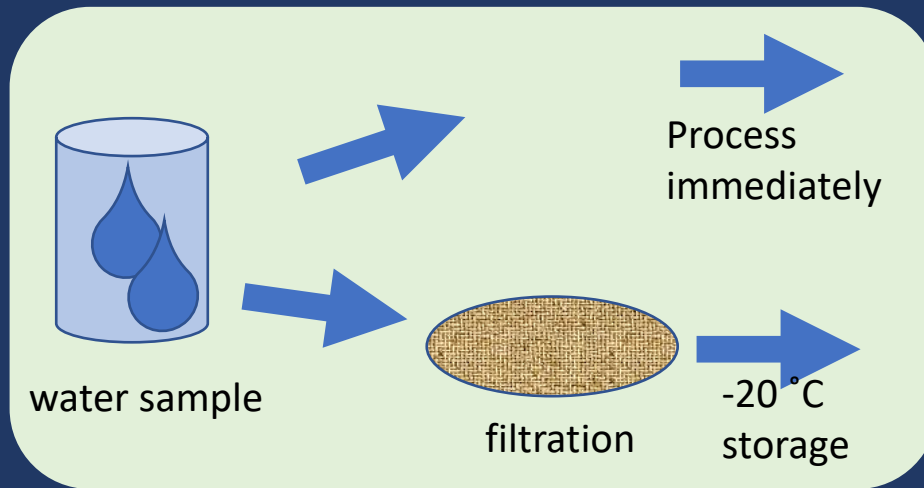
Tidal versus nontidal locations

→ Rainfall will be a driver of high MPN and MST signal

In the absence of rain, if there are non-human sources of enterococcus in the tidal water, then the upstream MST will be higher than in the tidal water, but Enterolert may be higher in the estuary.

Canine MST is hard to predict. Will not necessarily correlate with human MST or with Enterolert. Based on prior data, there may be high levels in direct harbor runoff.

Analytical approaches



Enterolert
dilution and
culture



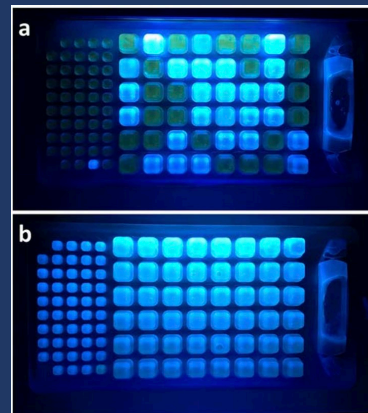
Most
probable
number

extract
DNA

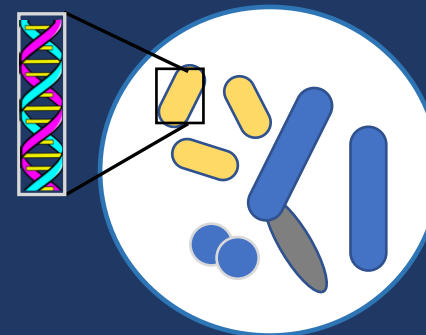


Count bacteria
genomes by
PCR

Enterolert



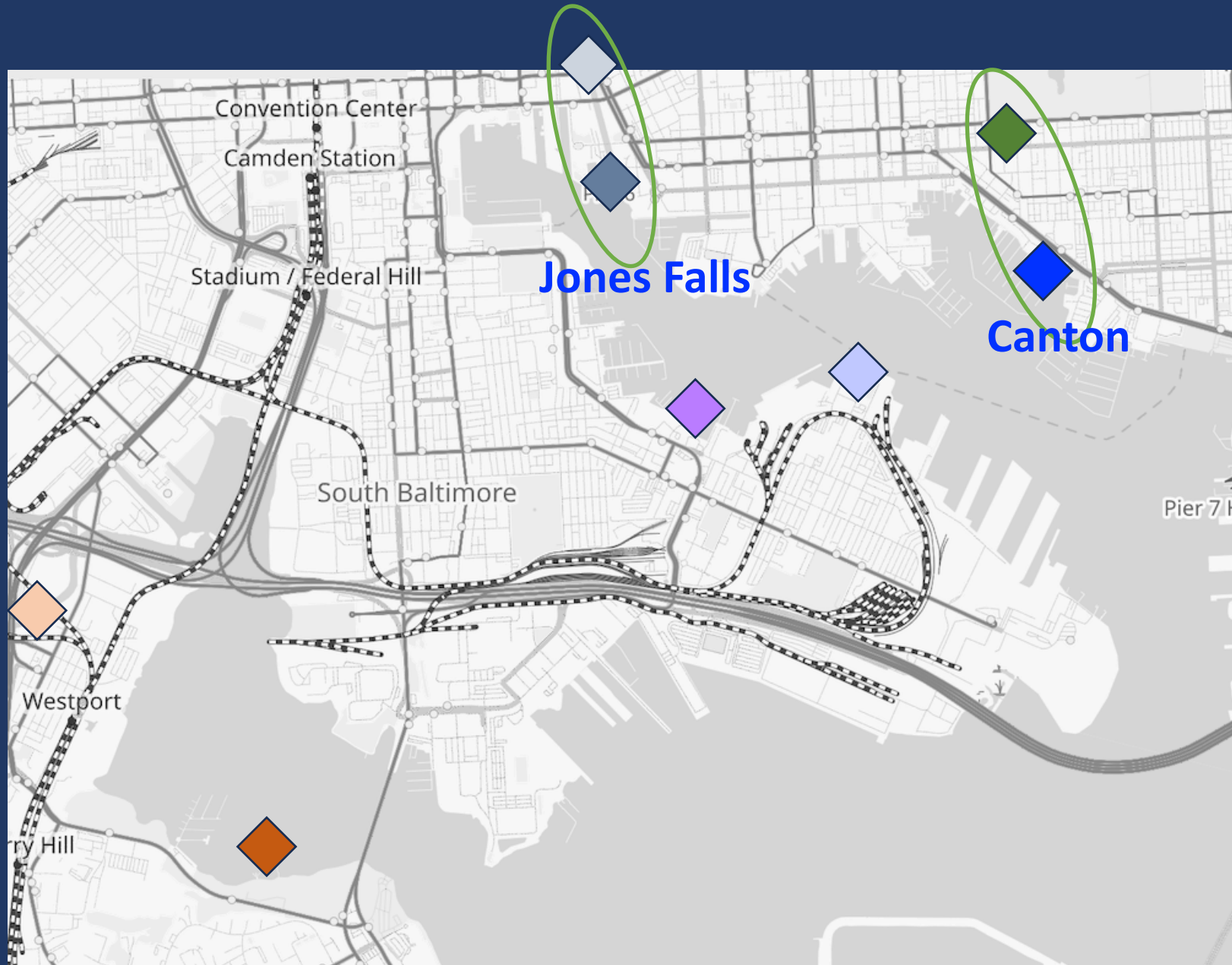
Human and Canine PCR



Visualization and inspection of results

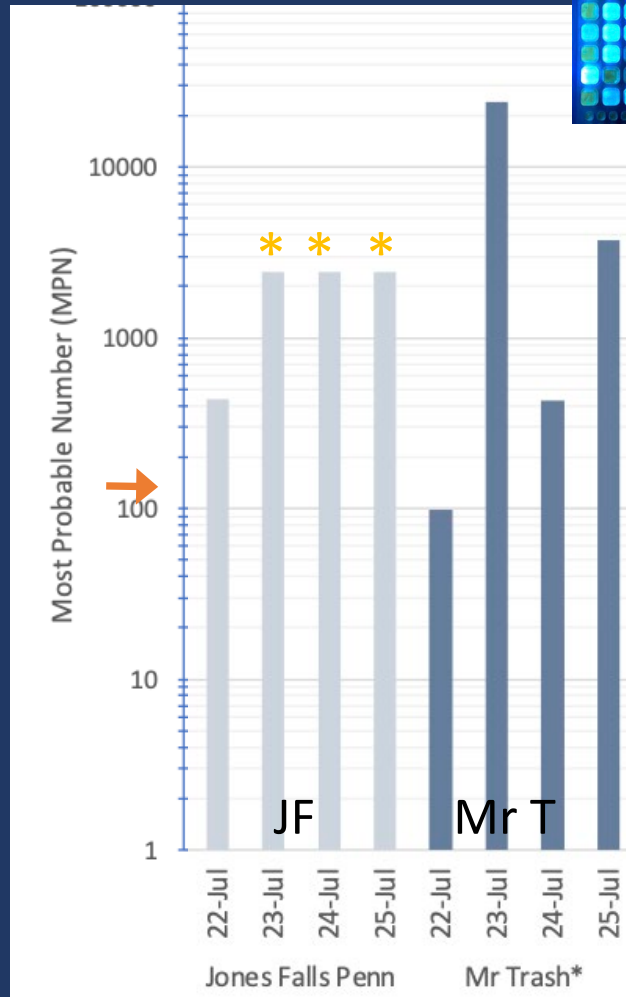
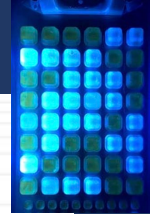
- Compare paired locations: Tidal / Nontidal
- Compare qualitative trends of Enterolert vs qPCR
- Human and canine
- Rainfall effects

Jones Falls and Canton

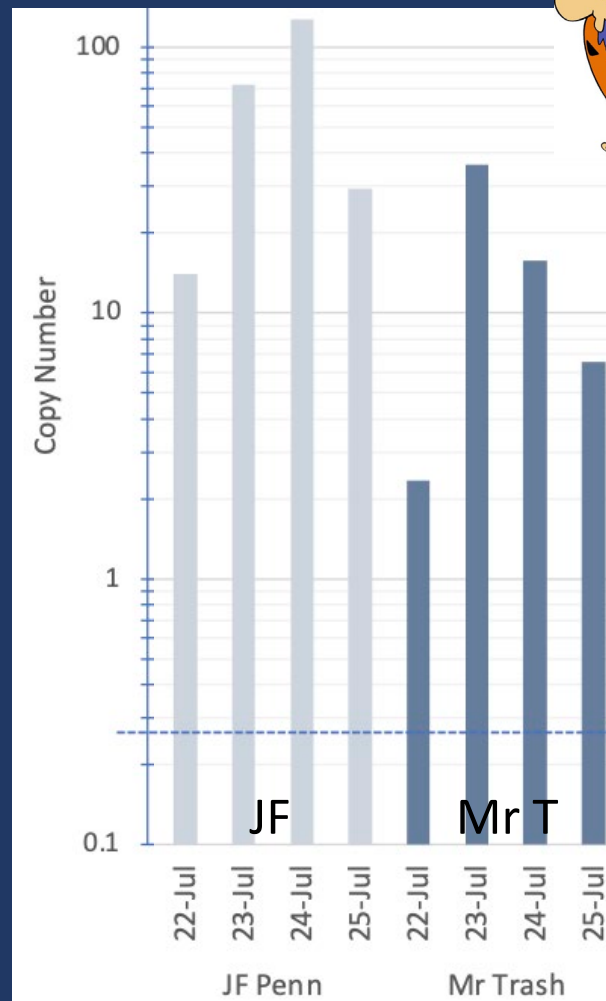


Jones Falls / Mr. Trash Wheel July

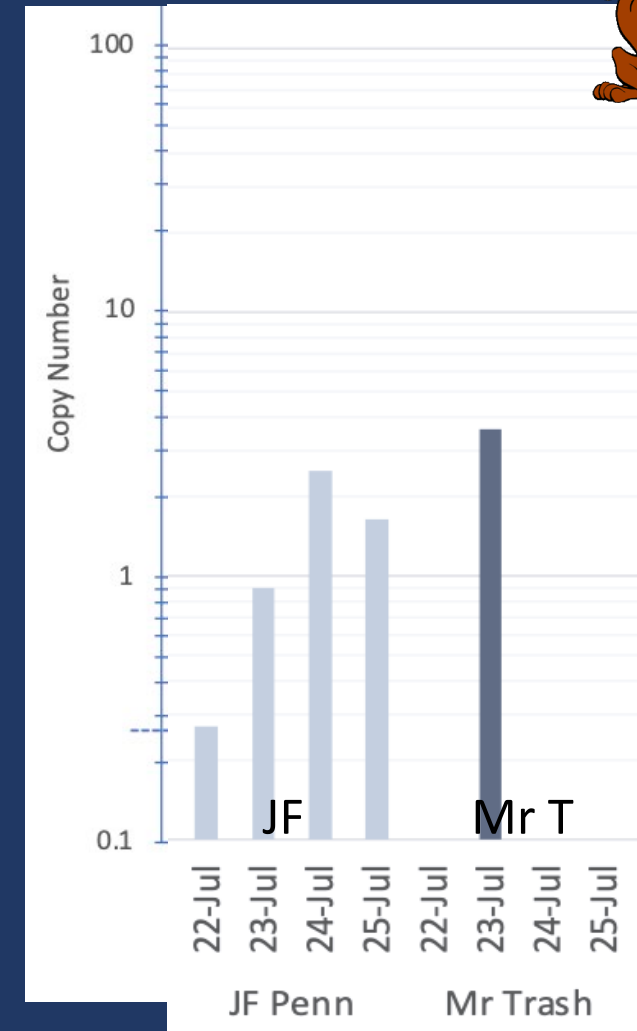
Enterolert



Human MST



Canine MST

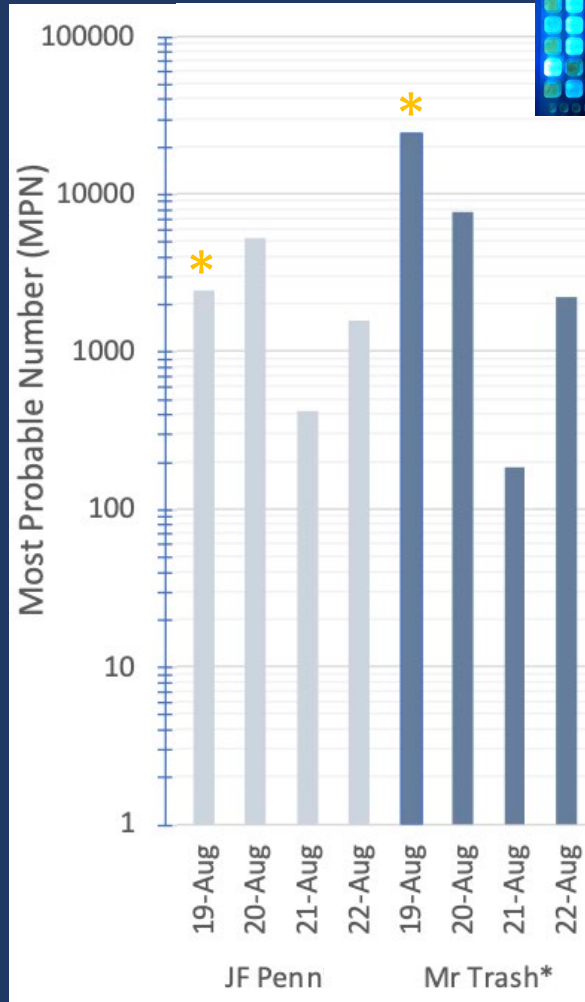
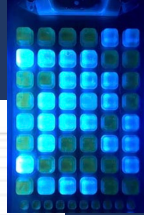


* Upper limit of Enterolert assay

0.3 " rain 2 pm on July 22, trace at 11 pm July 23

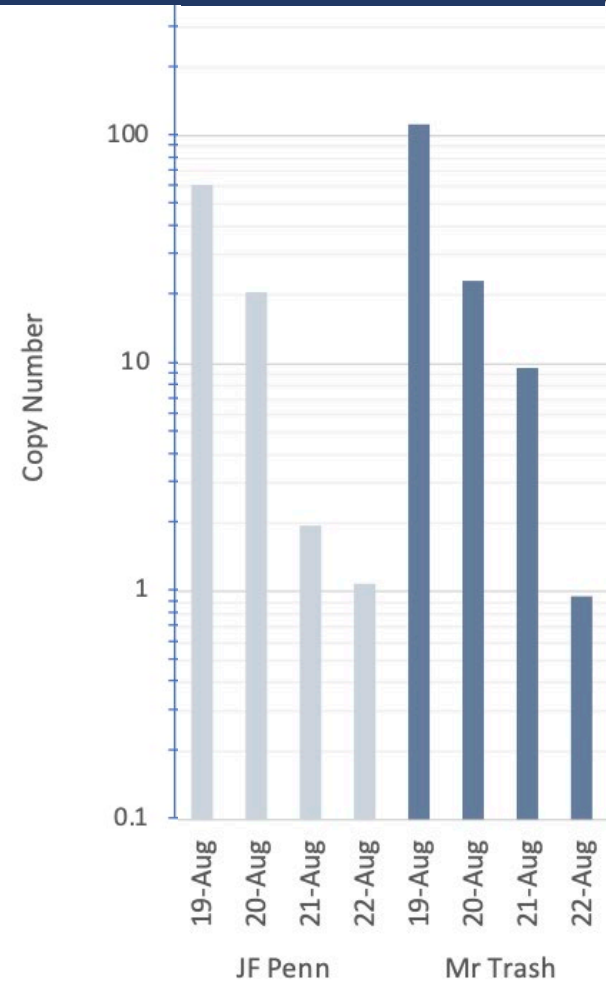
Jones Falls / Mr. Trash Wheel August

Enterolert



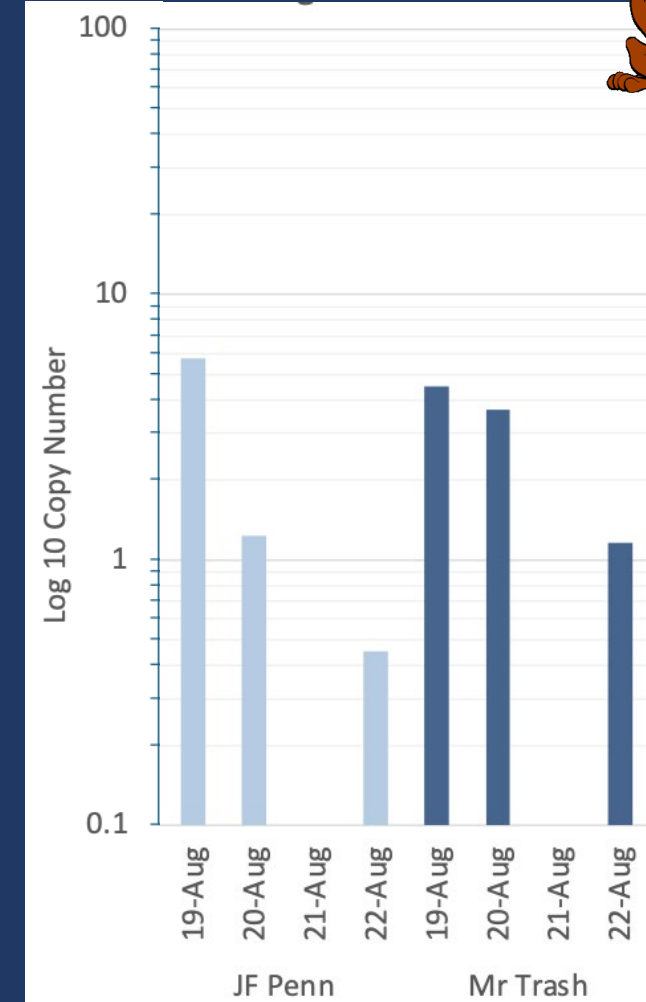
* Upper limit of enterolert assay

Human MST



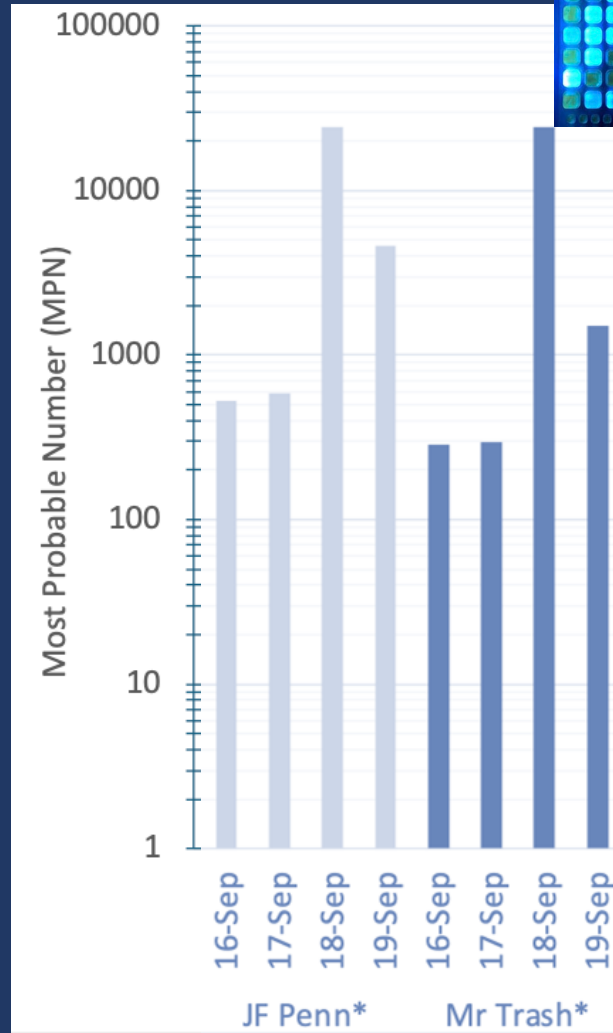
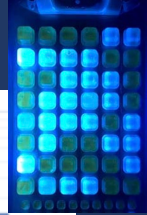
1.0 - 2.7 inches late on Aug. 18.

Canine MST

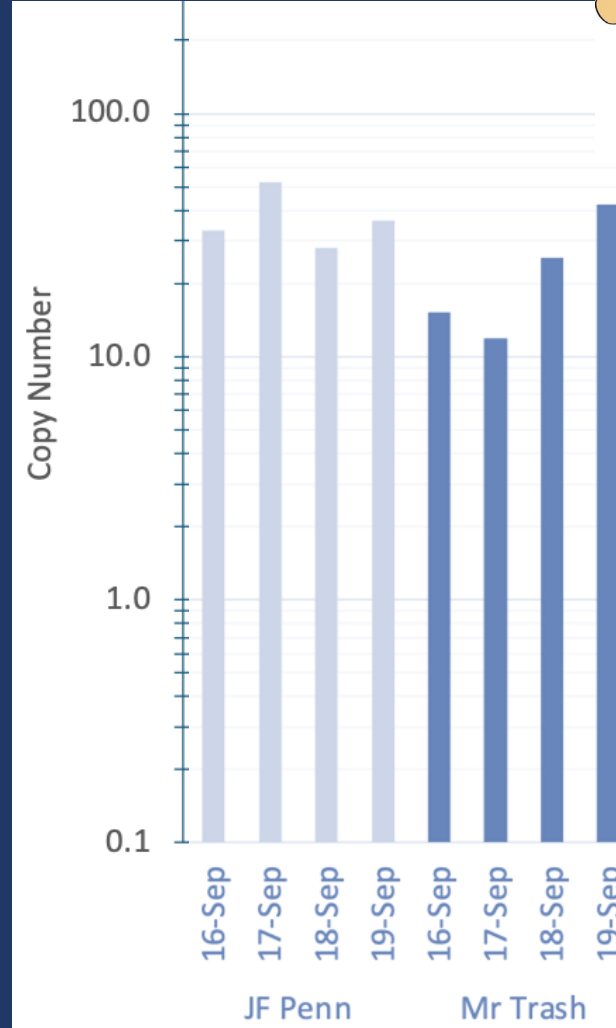


Jones Falls / Mr. Trash Wheel September

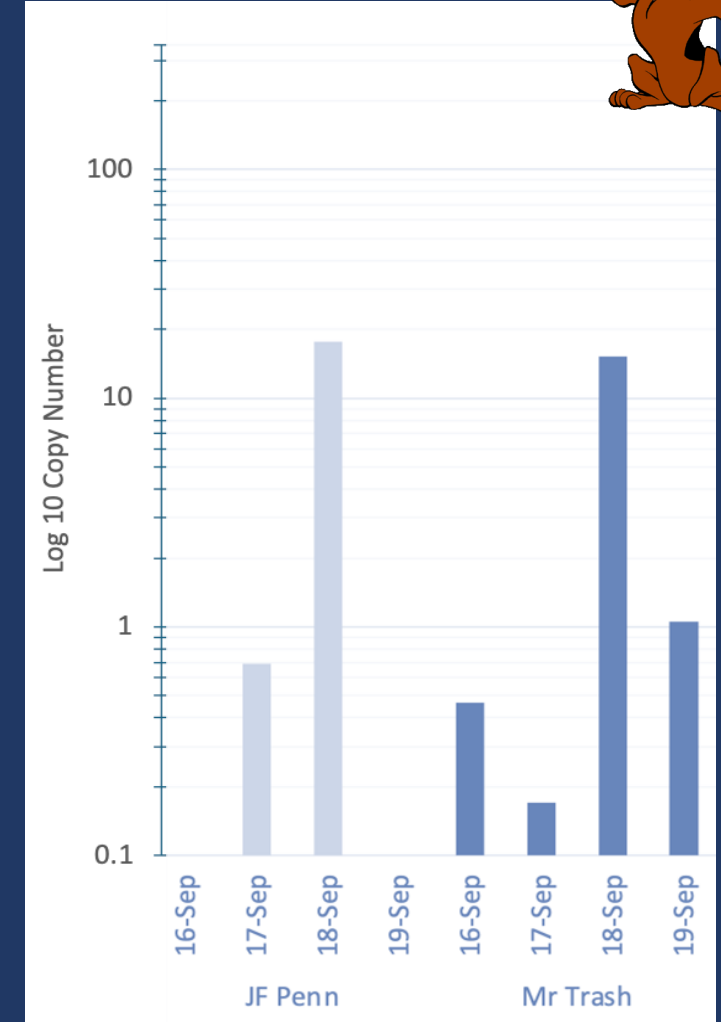
Enterolert



Human MST



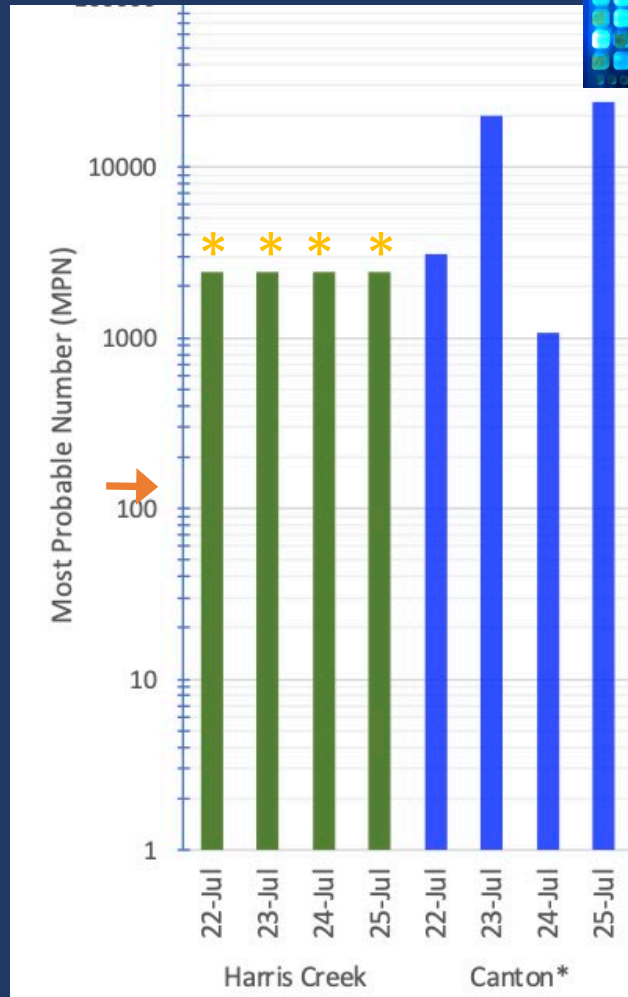
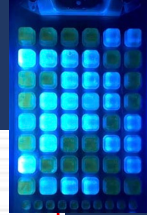
Canine MST



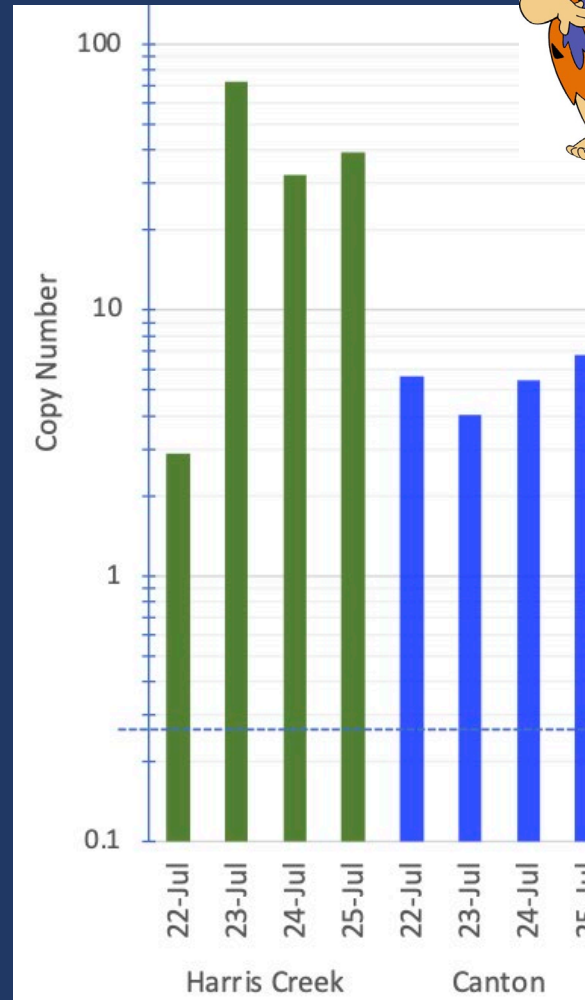
0.5" rain 4 am - 8 am Sept 18

Harris Creek / Canton July

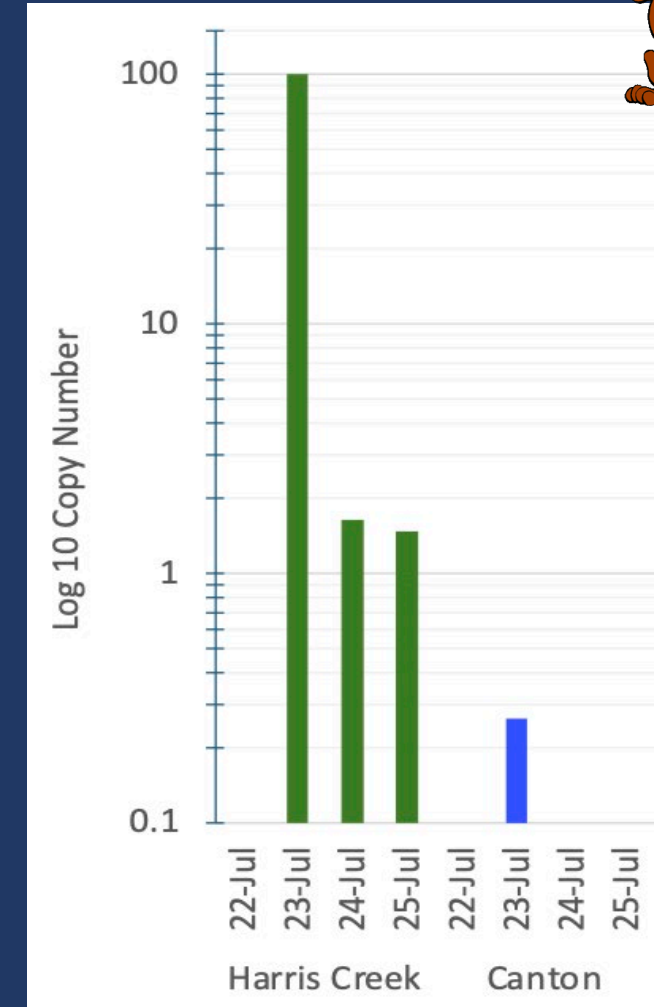
Enterolert



Human MST



Canine MST

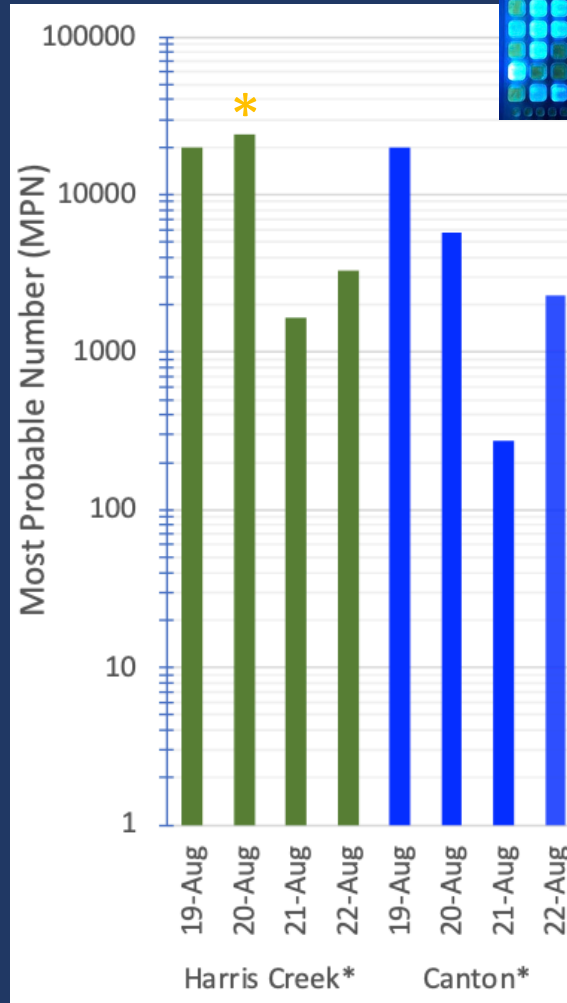
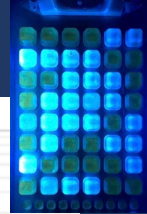


* Upper limit of Enterolert assay

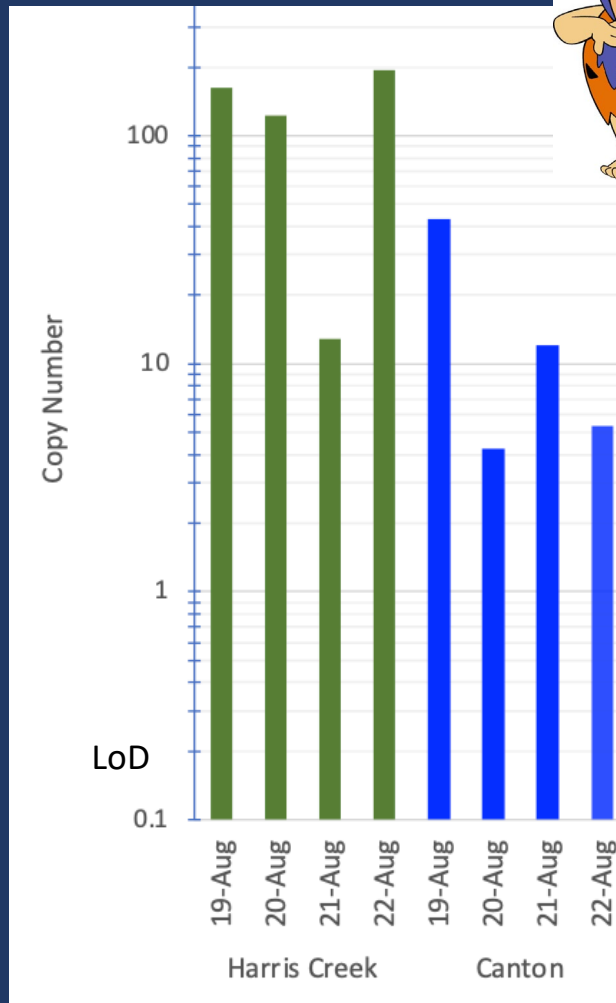
0.4" rain late on July 22

Harris Creek / Canton August

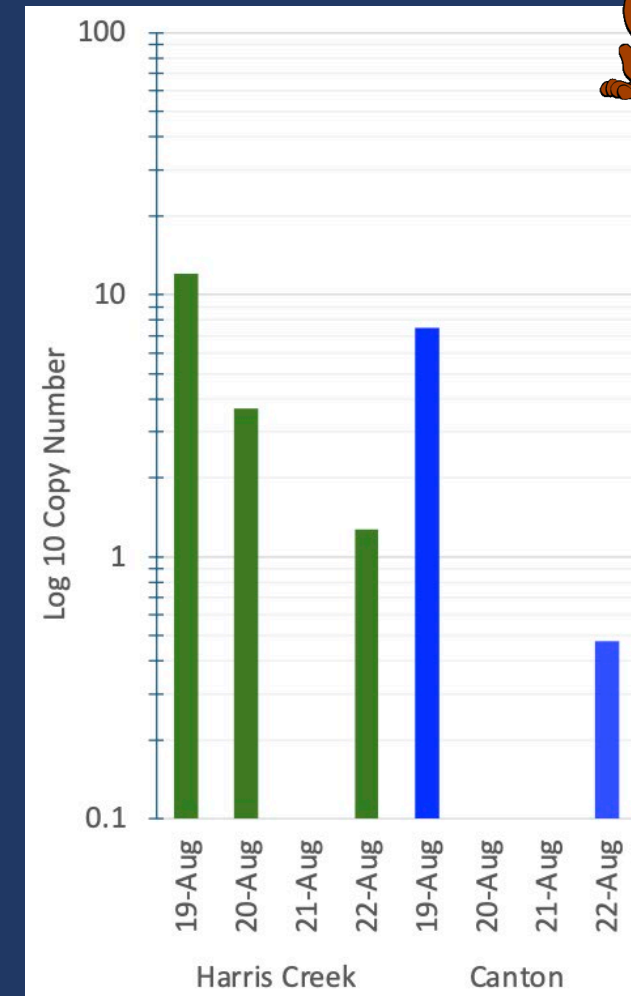
Enterolert



Human MST



Canine MST

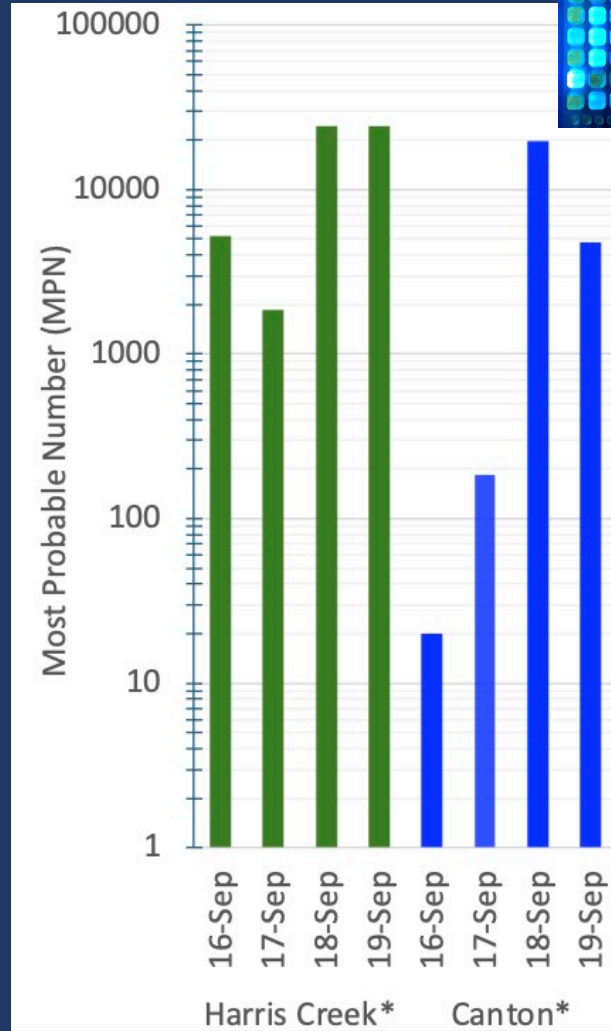
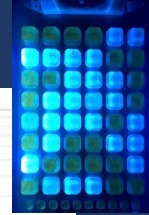


* Upper limit of enterolert assay

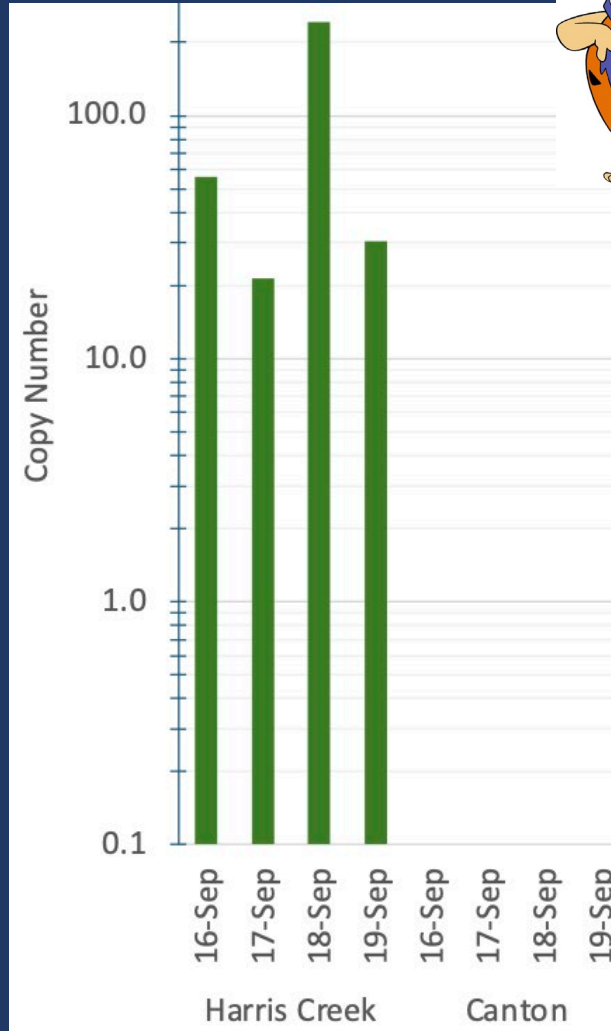
Rain late on Aug. 18.

Harris Creek / Canton September

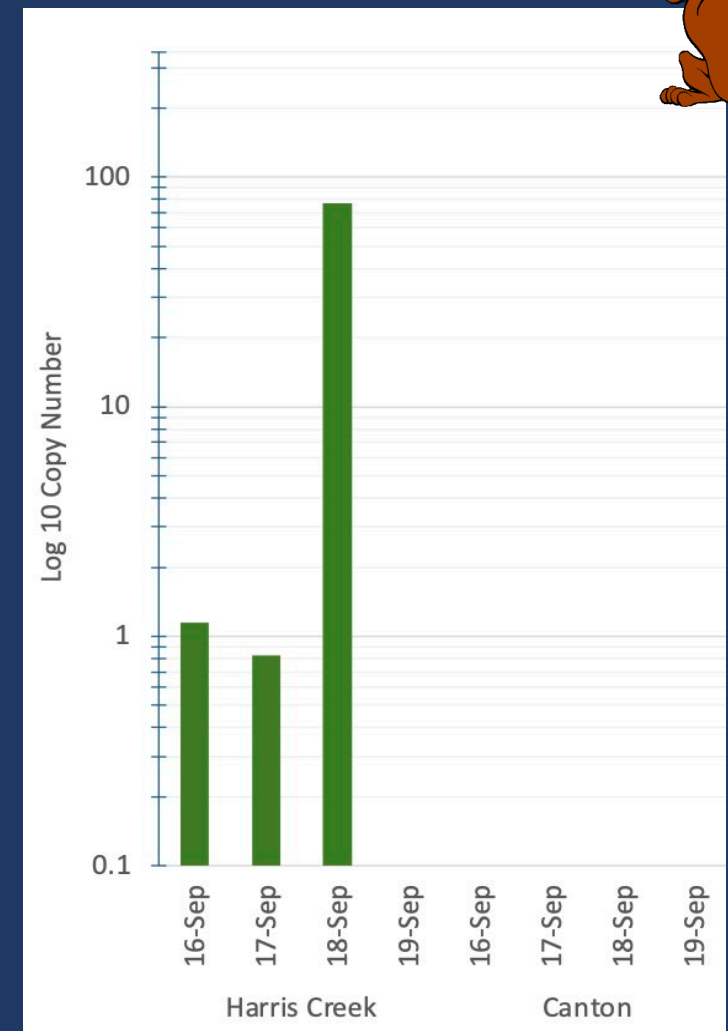
Enterolert



Human MST

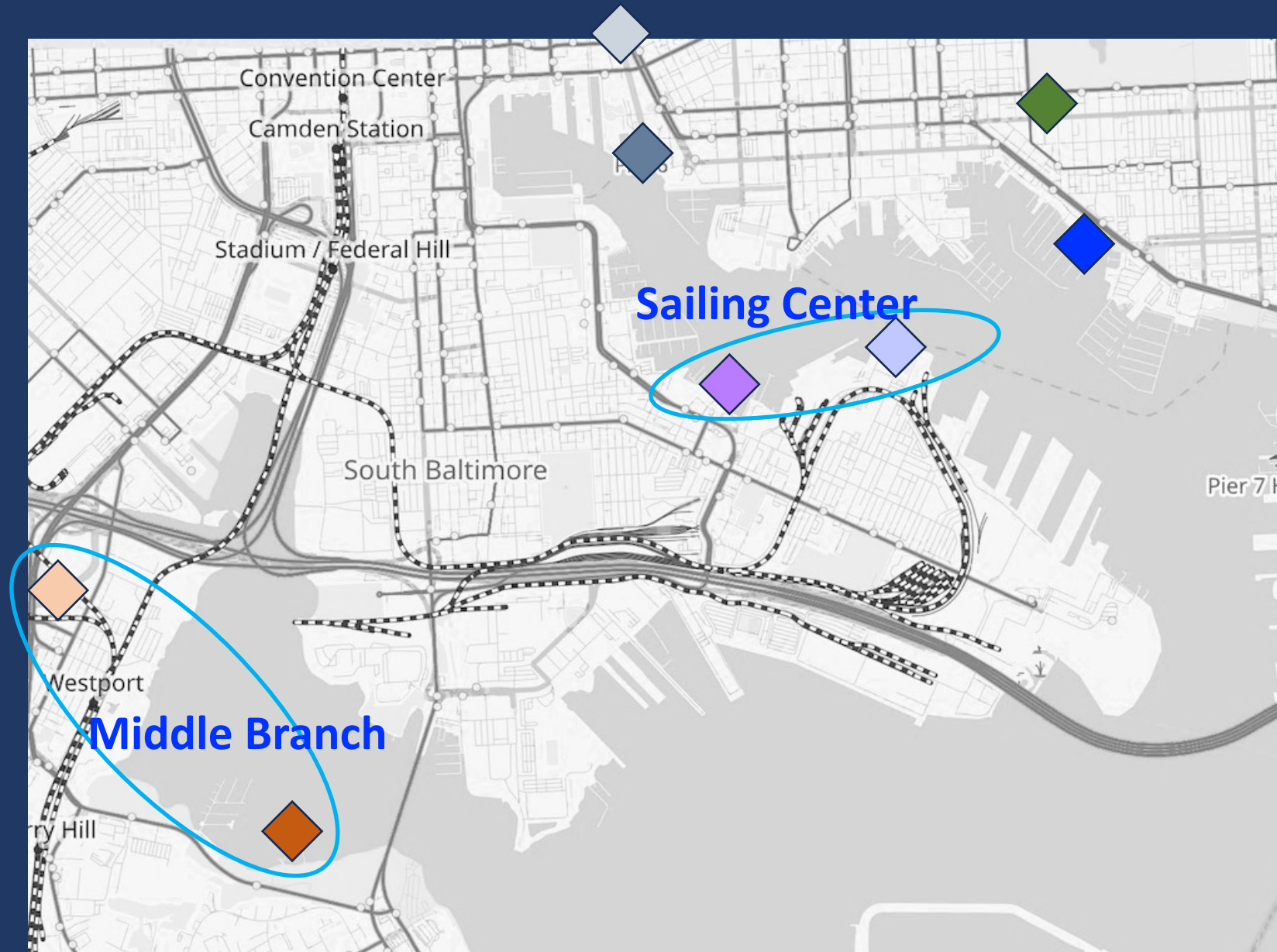


Canine MST



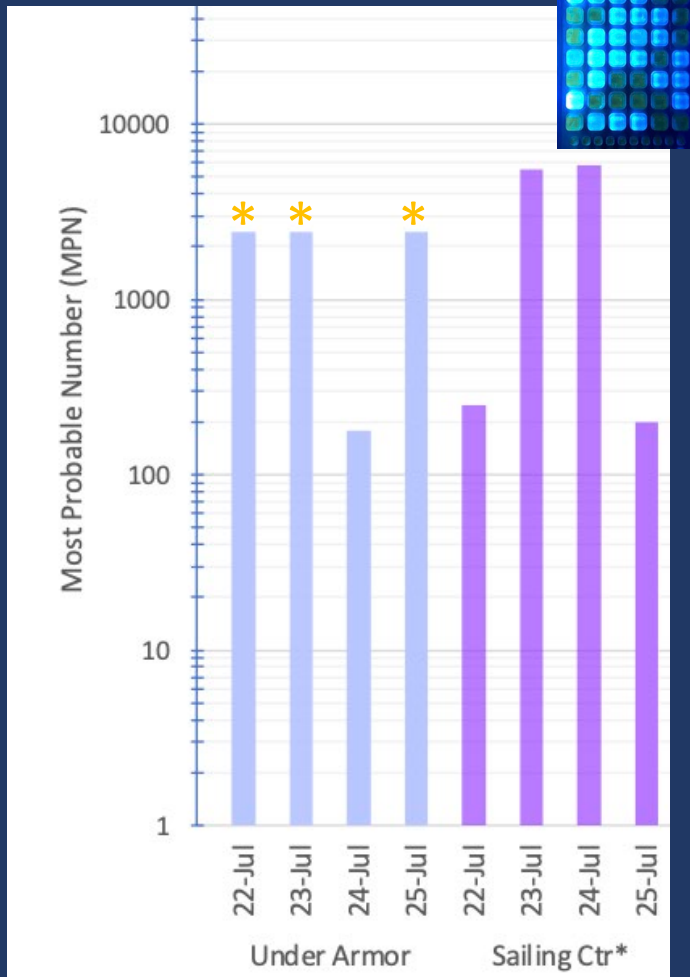
0.5" rain 4 am - 8 am Sept 18

South shore of Inner Harbor and the Middle Branch

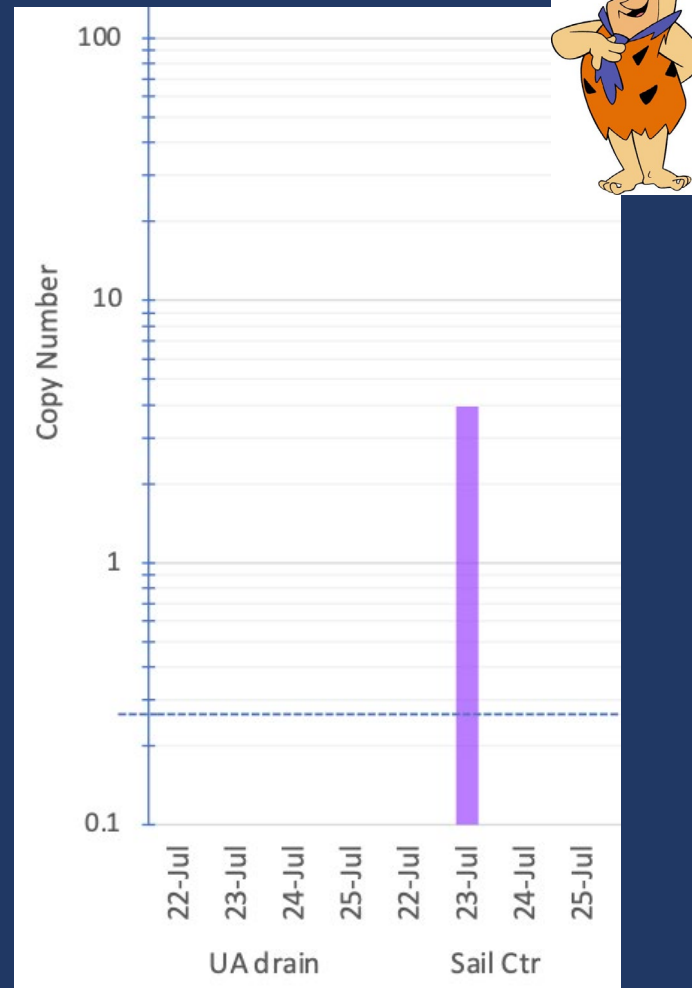


UA Drain / Sailing Center July

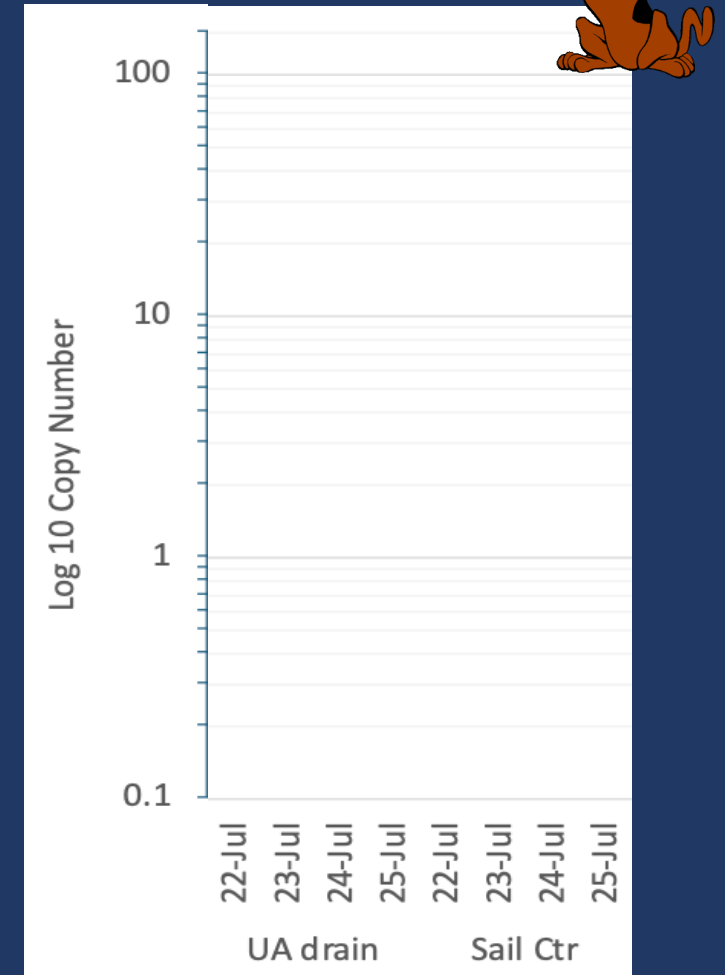
Enterolert



Human MST



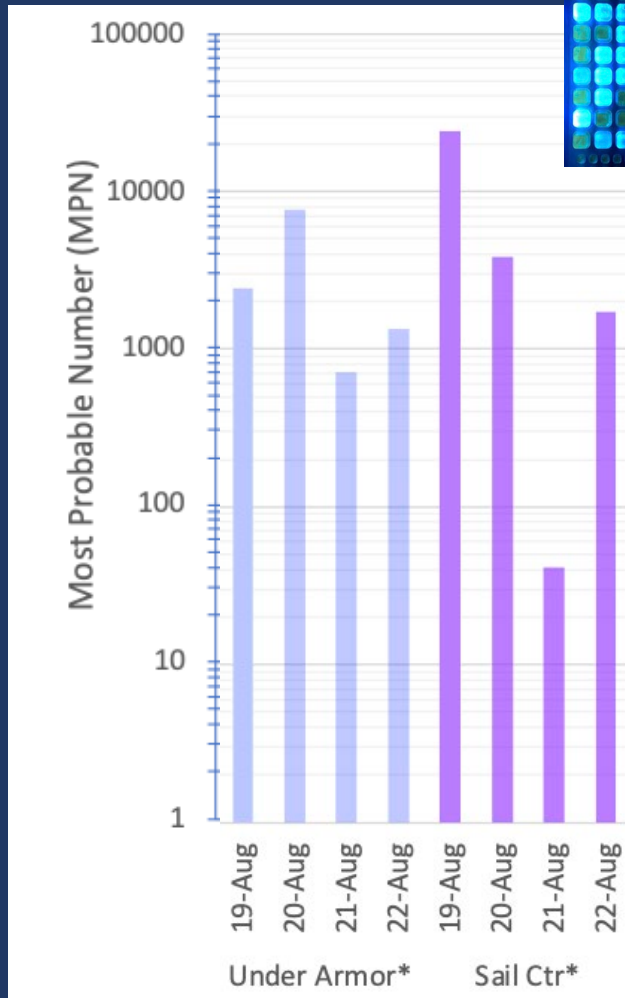
Canine MST



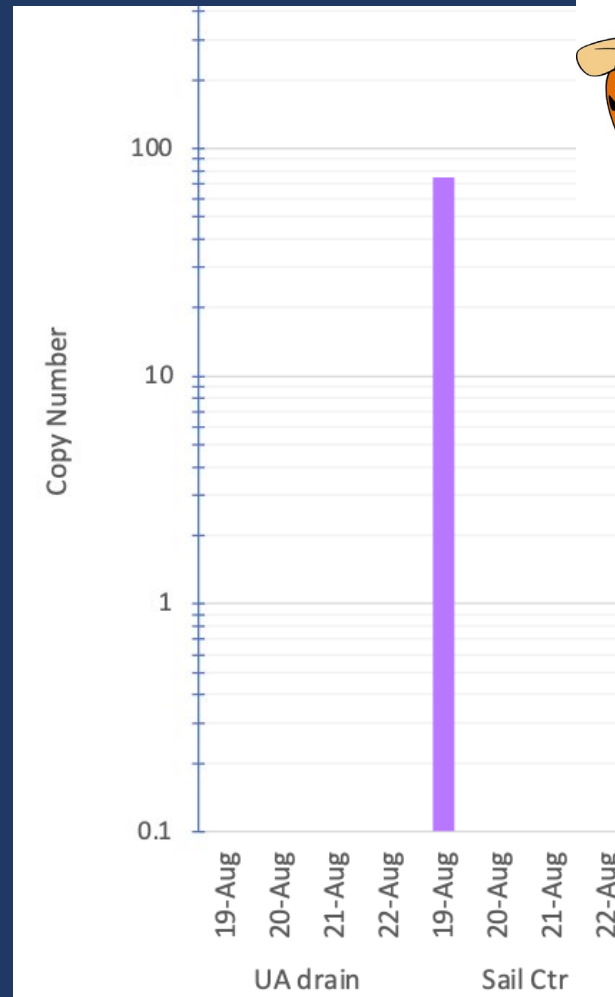
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UA Drain / Sailing Center August

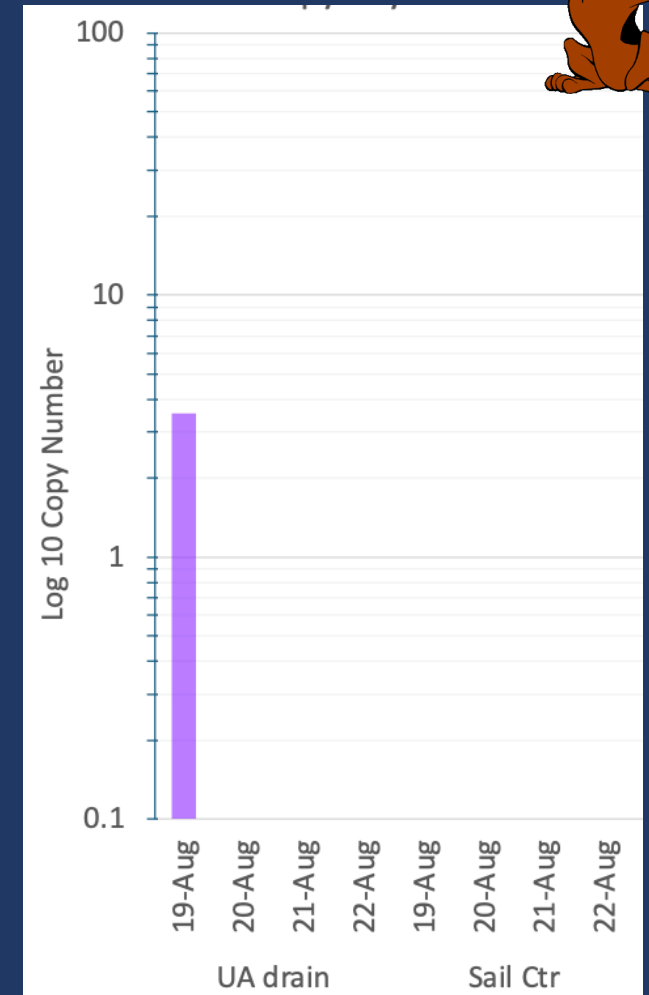
Enterolert



Human MST



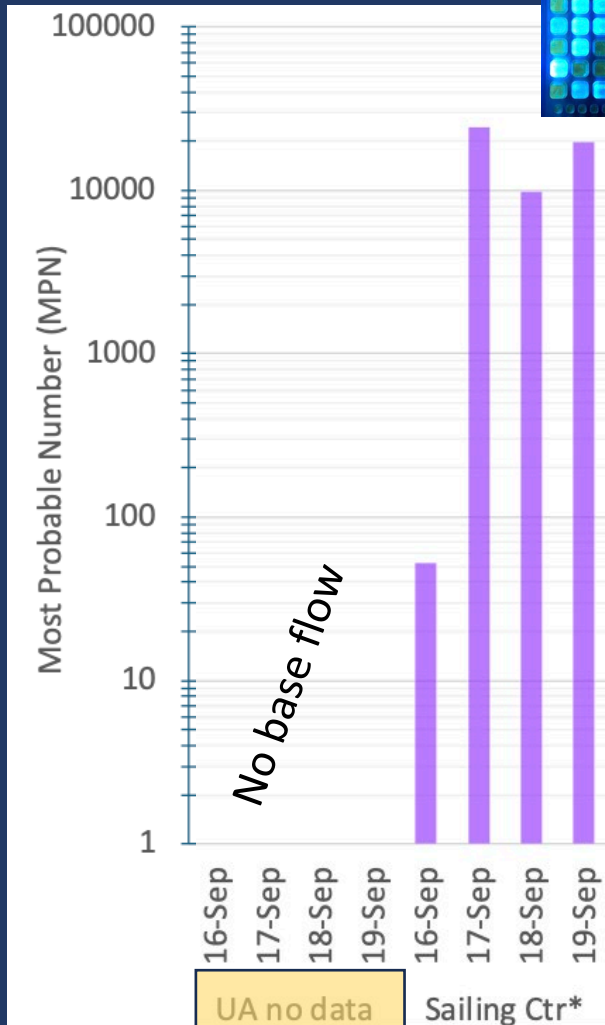
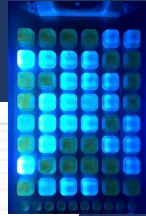
Canine MST



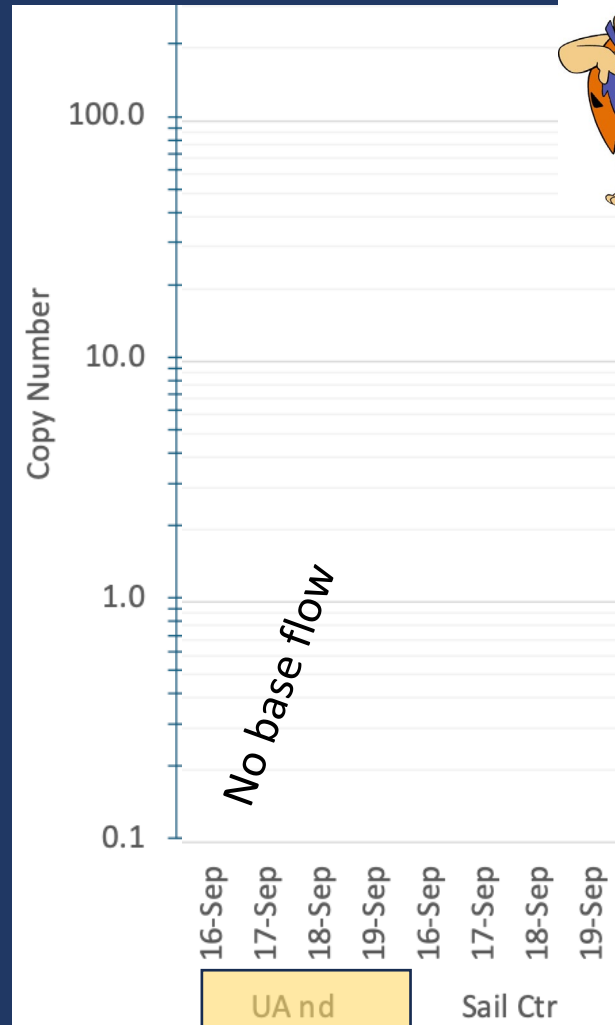
Rain late on Aug. 18

UA Drain / Sailing Center September

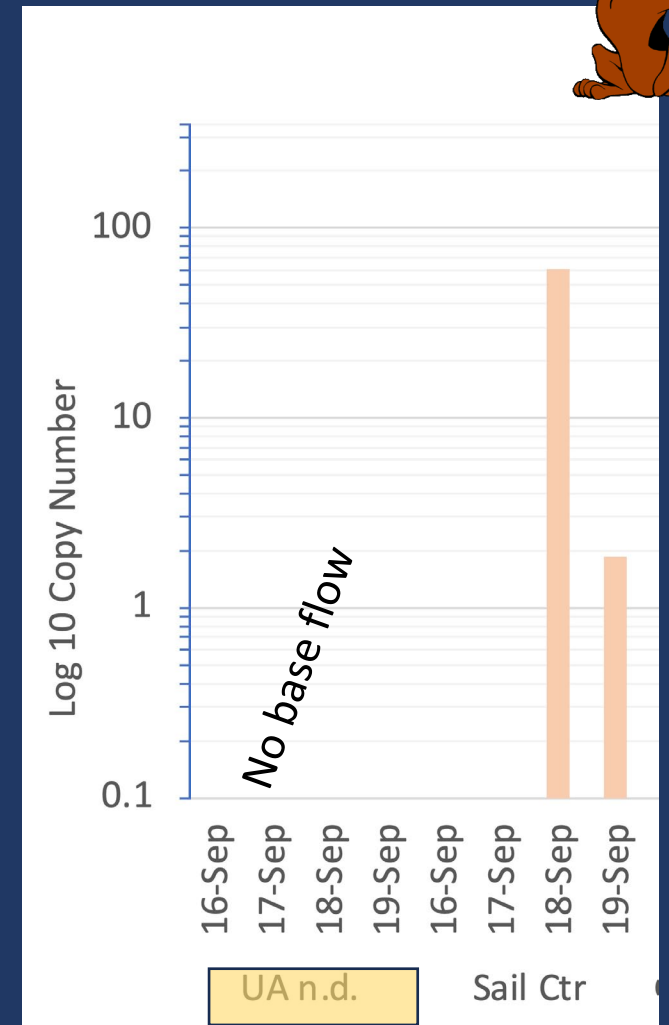
Enterolert



Human MST



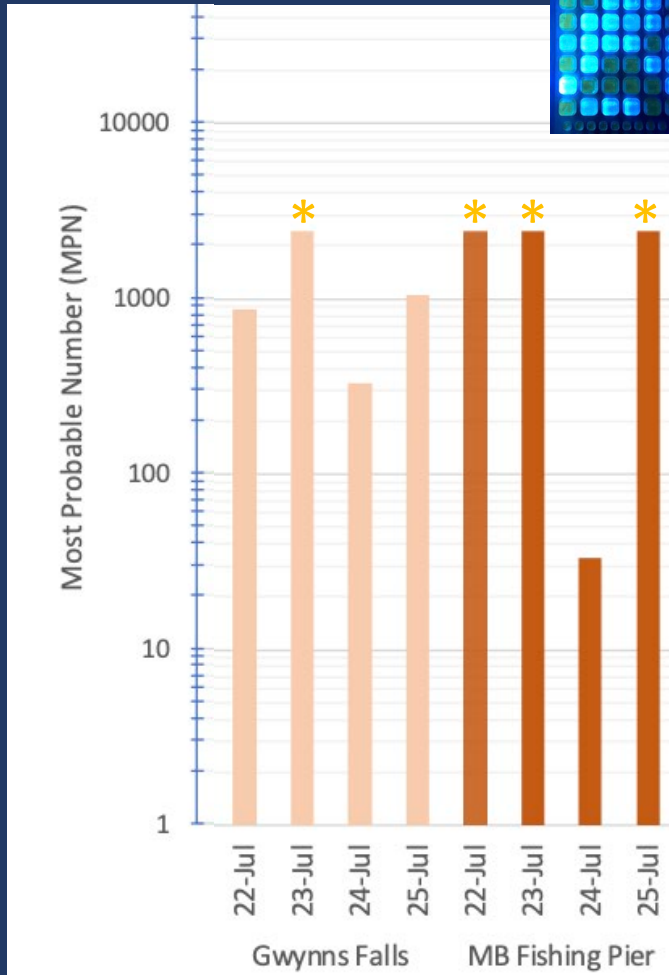
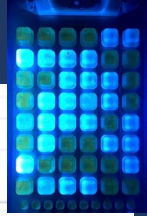
Canine MST



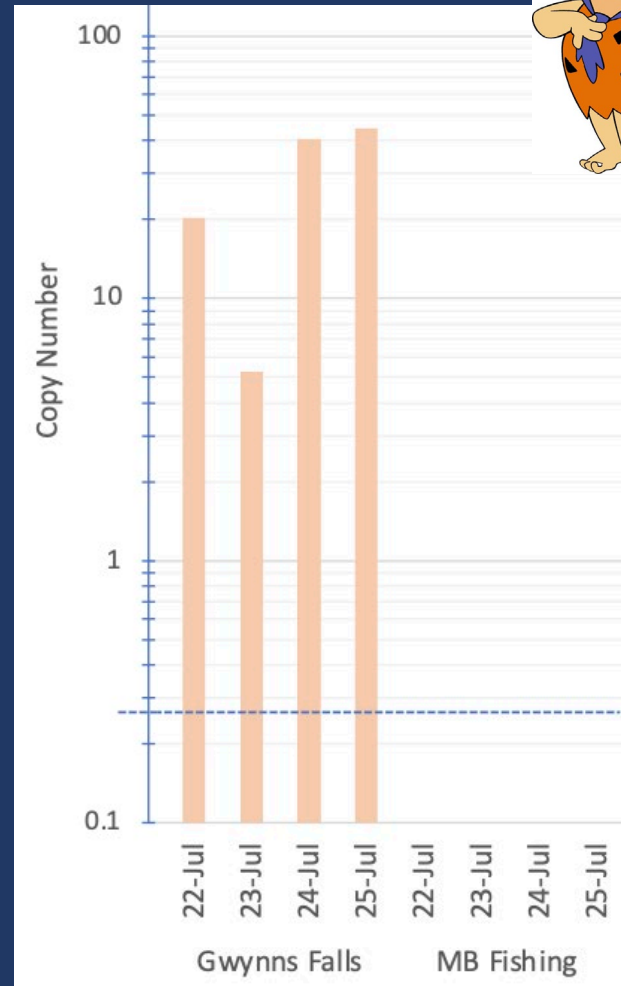
0.5" rain 4 am - 8 am Sept 18

Gwynns / Fishing Pier July

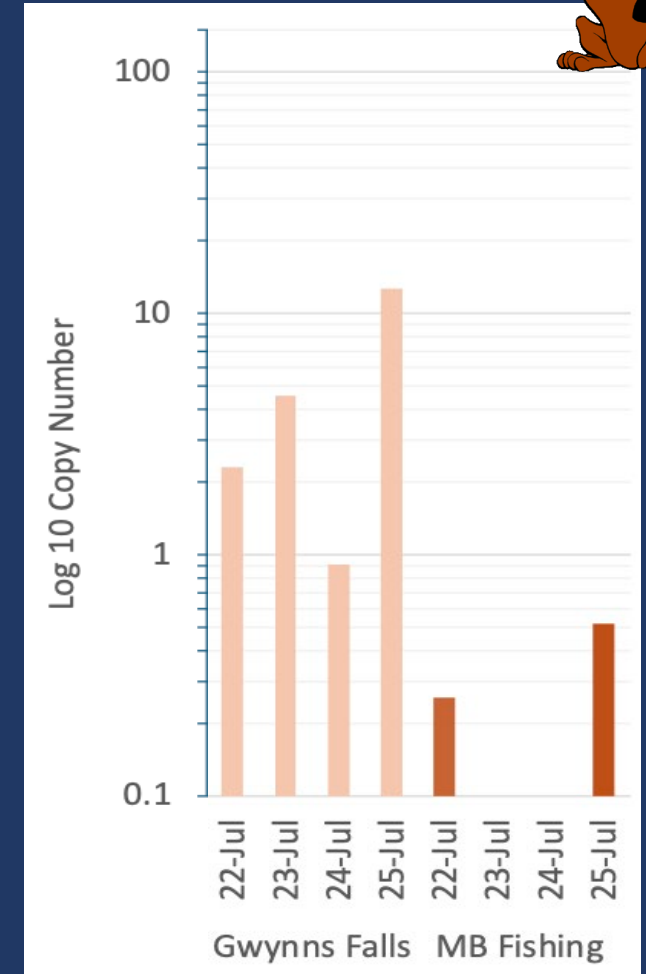
Enterolert



Human MST



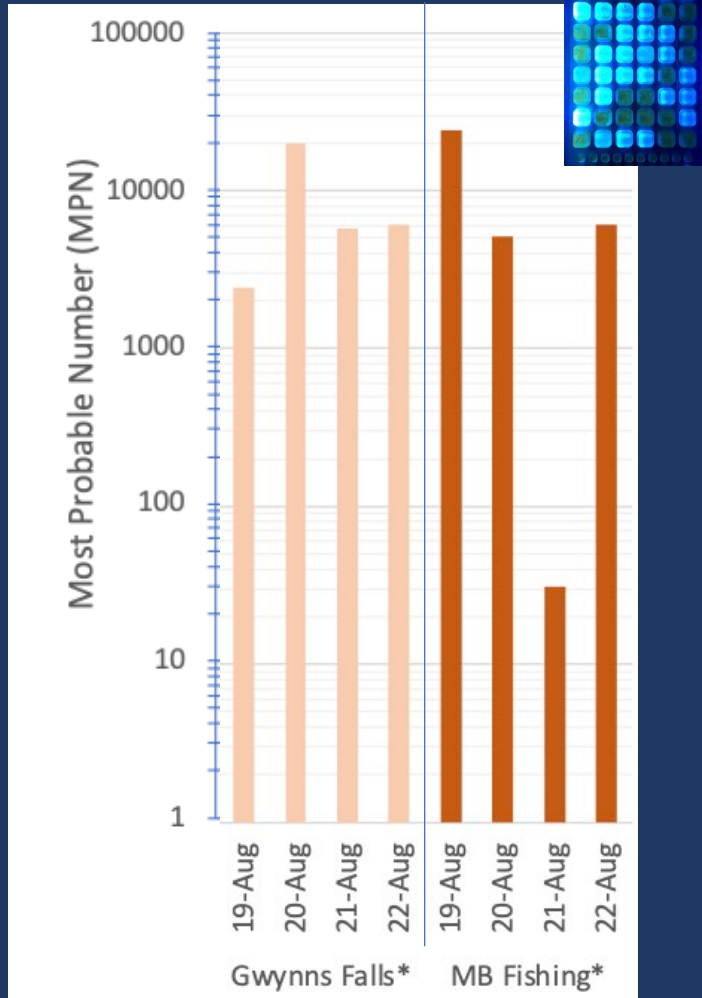
Canine MST



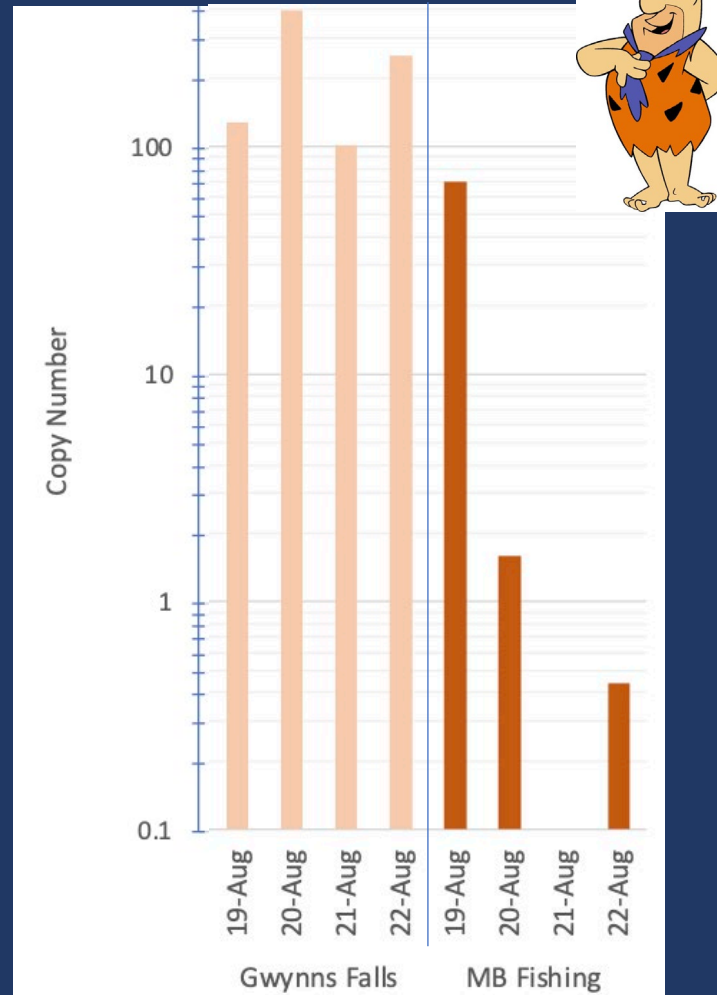
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Gwynns / Fishing Pier August

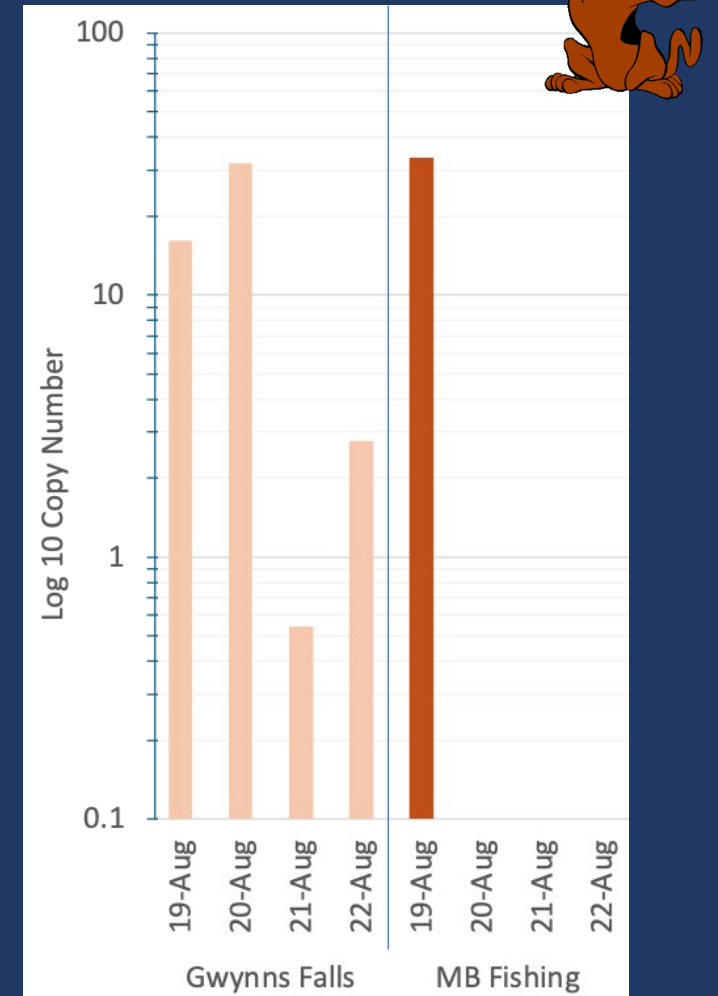
Enterolert



Human MST



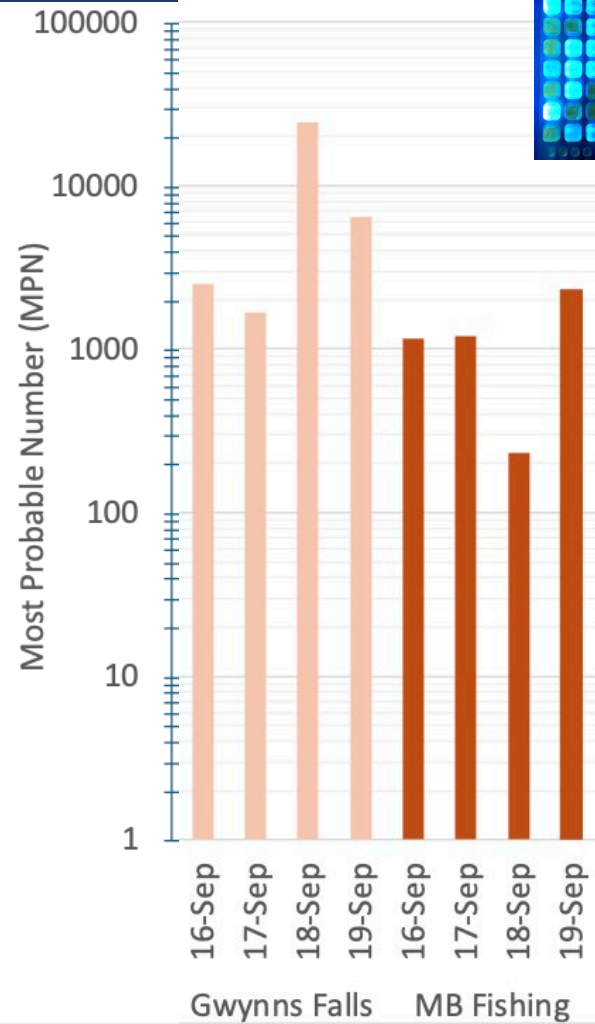
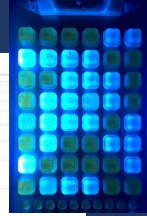
Canine MST



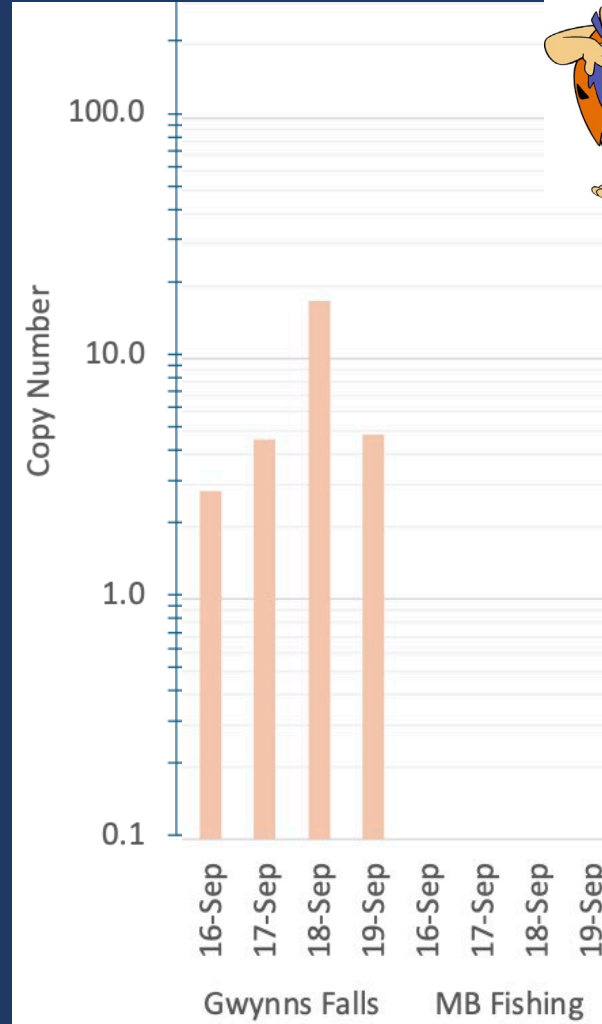
Rain late on Aug. 18

Gwynns / Fishing Pier September

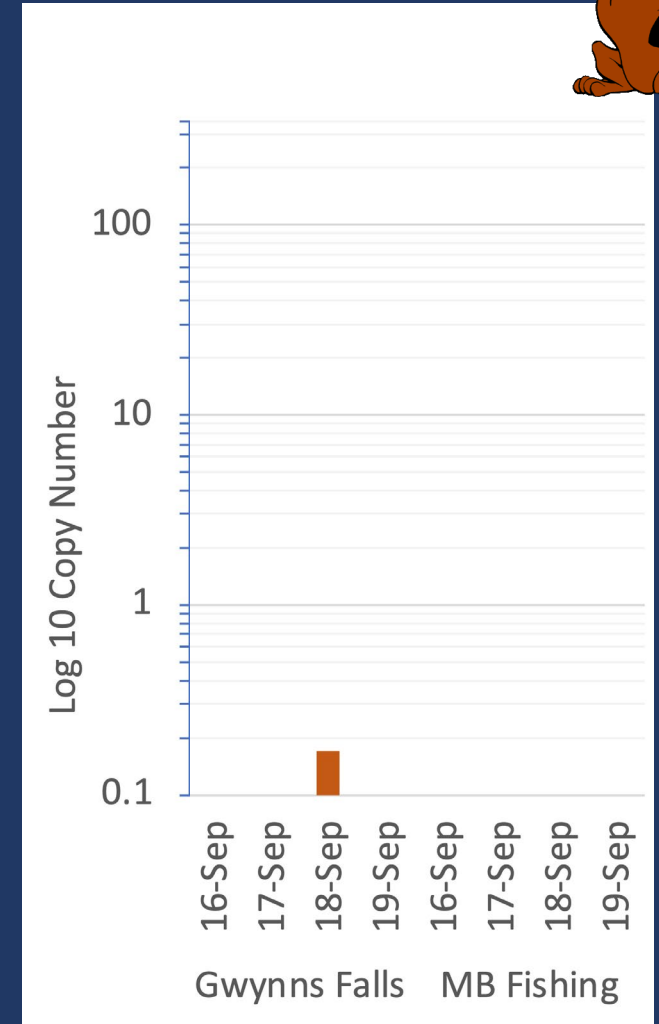
Enterolert



Human MST



Canine MST



0.5" rain 4 am - 8 am Sept 18

Back to the hypotheses

- **H1)** Combining MST and FIB methods will allow a qualitative assignment of the relative proportion of human versus non-human FIB in a given water sample.

Human MST marker did not always track with Enterolert

- **H2)** Daily testing, using both FIB culture and PCR methods to detect human vs non-human fecal bacteria, will show that high FIB counts do not always correspond to high human MST (*Bacteroides*) signals.

This is true especially at the Sailing Center and Middle Branch

- **H3)** Daily testing of water quality will provide knowledge about the duration and drivers of sewage-derived bacteria and other FIB in tidal water that could not be achieved with weekly testing.

The decay rate of MPN and MST signals can be seen to differ in August at the Sailing Center and Middle Branch

NEXT

Further study of archived samples

DNA-based methods allow archiving of water, filters or DNA

Re-investigation with the same targets

Re-investigation for new targets

Total enterococcus

Birds, other hosts

Rats?

PCR methods have a wide range of assay quantification. 1 copy to 1 million.

Build local capacity

Engaged working group

- Non-profits
- Academia
- Municipal

Private lab

Technician training

Shared/pooled resources

Collections

Contract lab

Training and expertise

Thanks to many



Mariah Mckenzie
Interns



Van Sturdevant, Joan White, Kim Grove



Brent Whitaker
Morgan Shapiro



Alice Volpitta, Sarah Holter, others



Allison Blood
Adam Lindquist

Translation: Use of Molecular Sewage Indicators

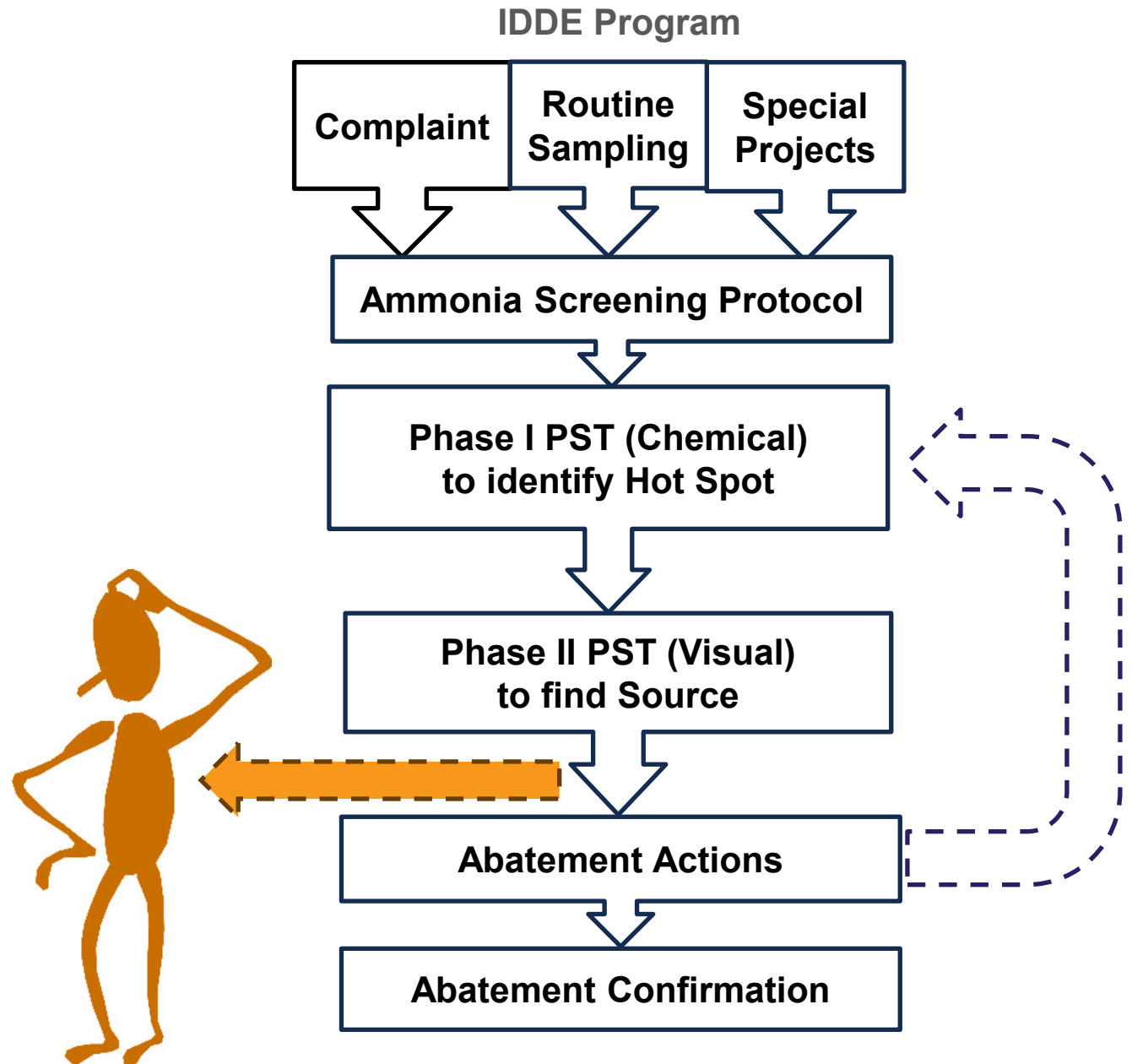
Chesapeake Bay Trust
Pooled Monitoring Program
2025 Annual Meeting



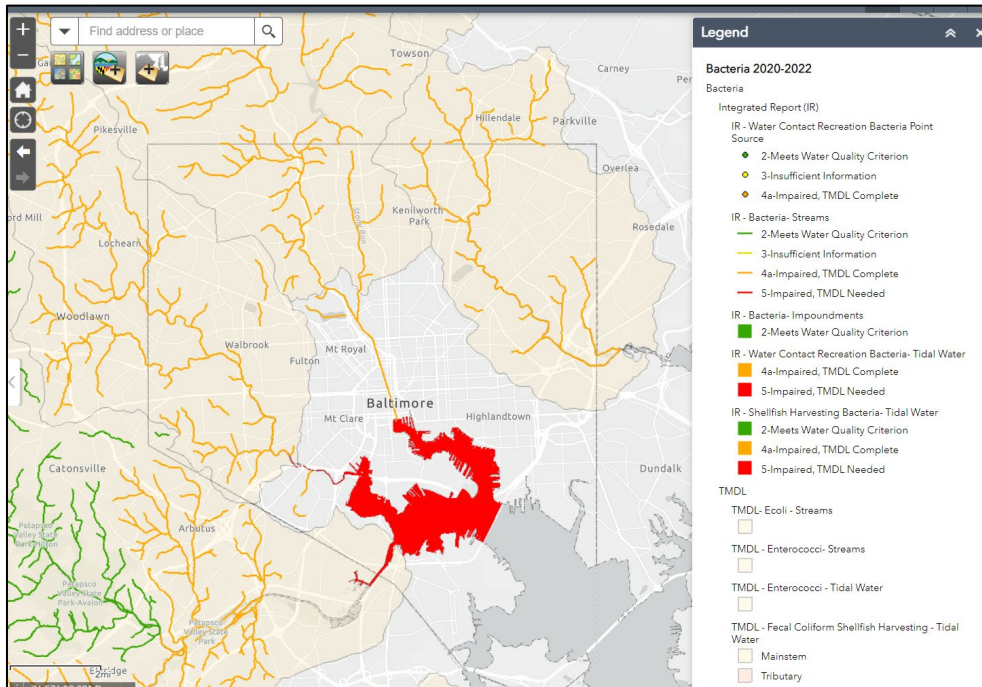
June 18, 2025

MST: Past Use

- Used when other investigation techniques have been exhausted.
- Human markers < 1%, discontinue investigation.
- FY 17 to 19: 14 of 20 PST investigations allowed to be discontinued.



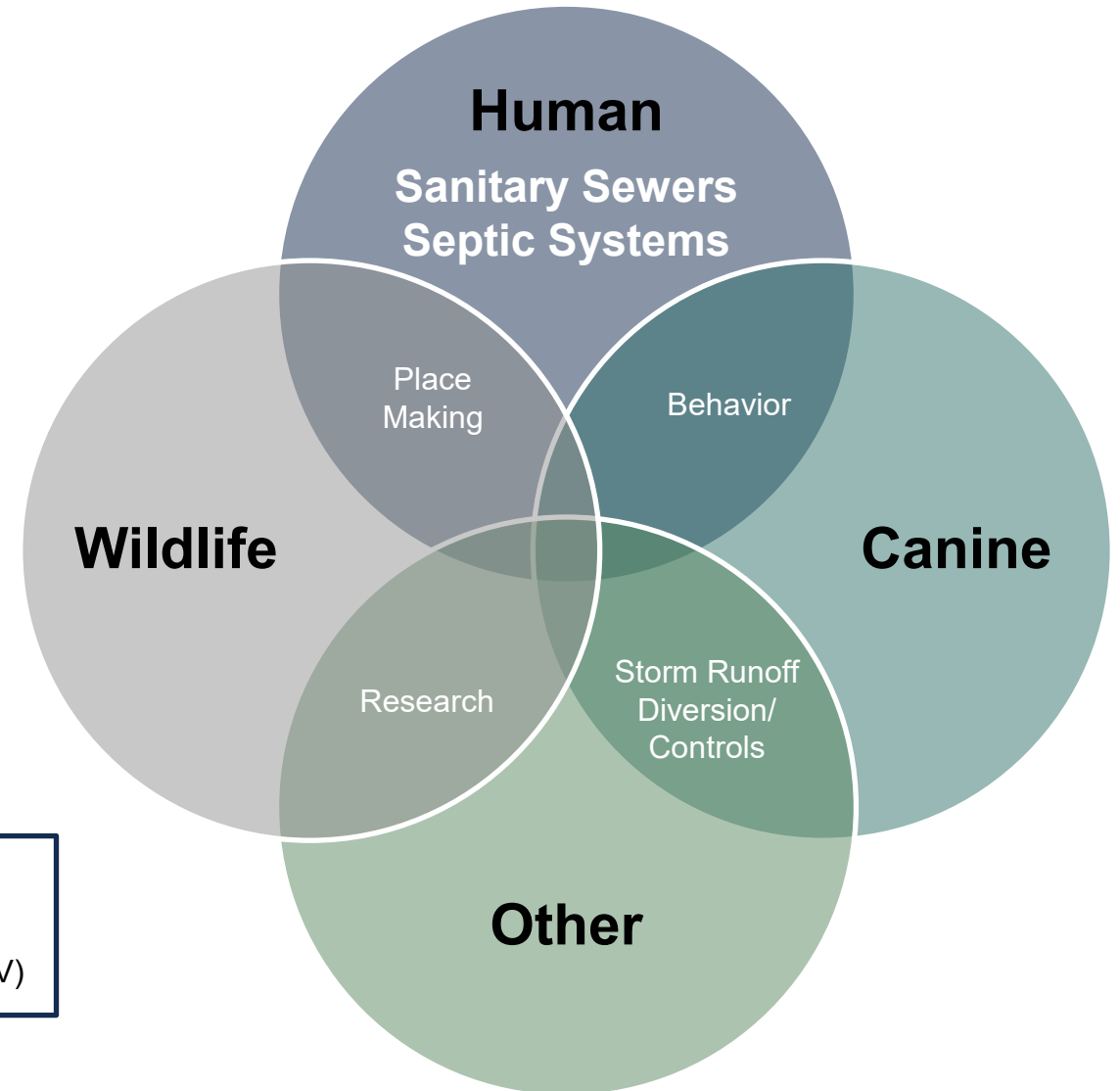
Ultimate Goal: Swimmable Waters



Source: [Water Quality Assessments \(IR\)](#) and [TMDLs \(state.md.us\)](#)

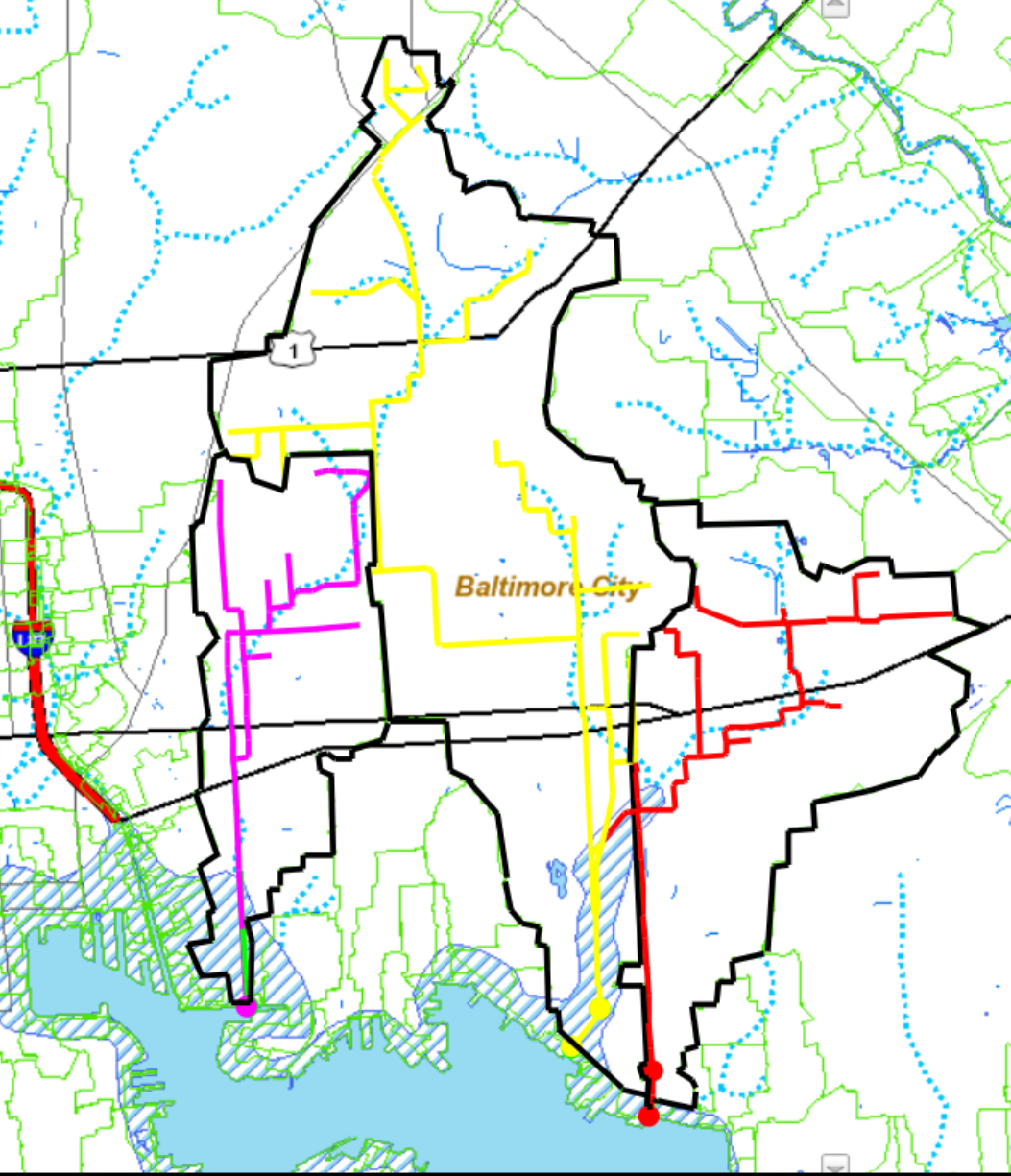
Enterococcus Criteria

Geometric mean (GM) for 90+ days < **35 MPN / 100 ml**
Less than 10% of single sample results > **130 MPN / 100 ml (STV)**



Observations from this research

- Swimmable waters will not be achieved solely by fixing the sanitary sewer system.
- Canine sources are primarily conveyed by stormwater runoff.
- Human markers demonstrate a more complex fate-transport pathway.
- The other bacteria sources need to be identified.

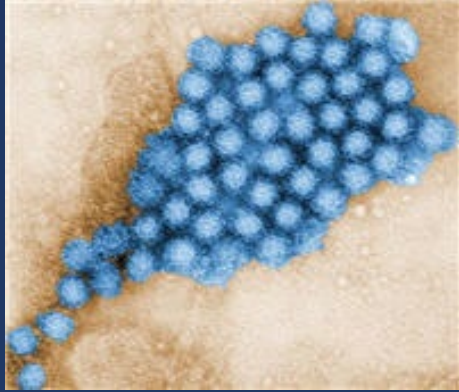


MST: Future

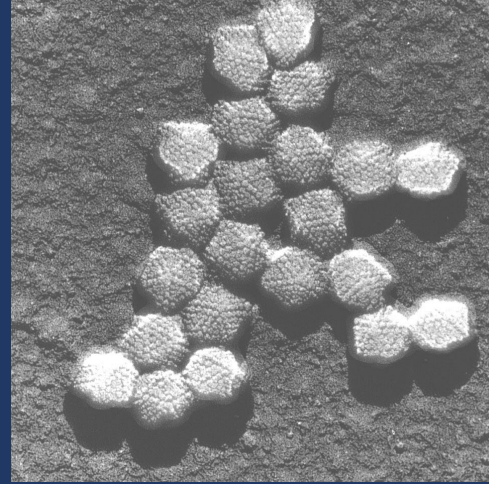
Historic stream conveyance

1. Same-day sampling of buried stream to determine spatial source trends.
2. Use more markers (birds, rats, deer).

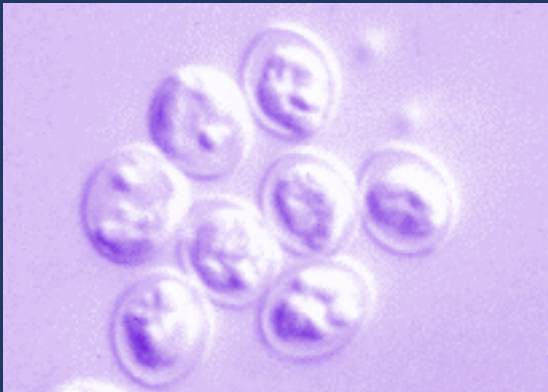
Human pathogens common in sewage



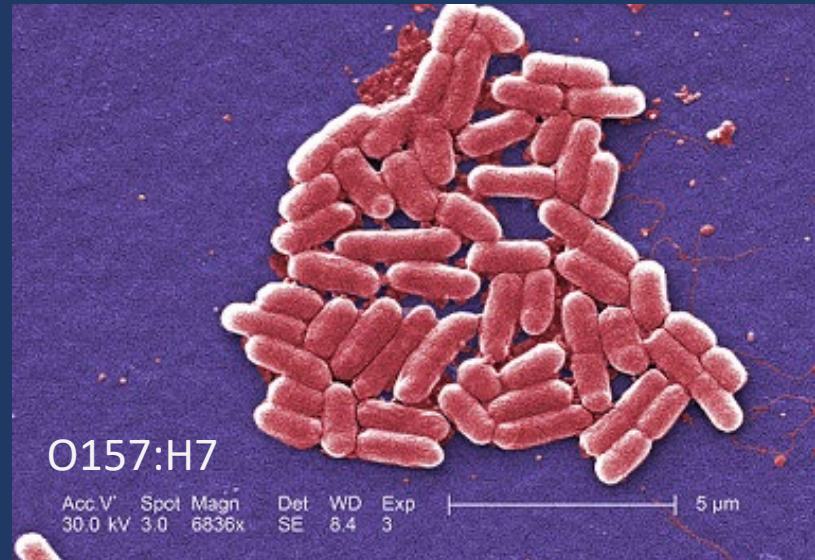
Norovirus



Adenovirus



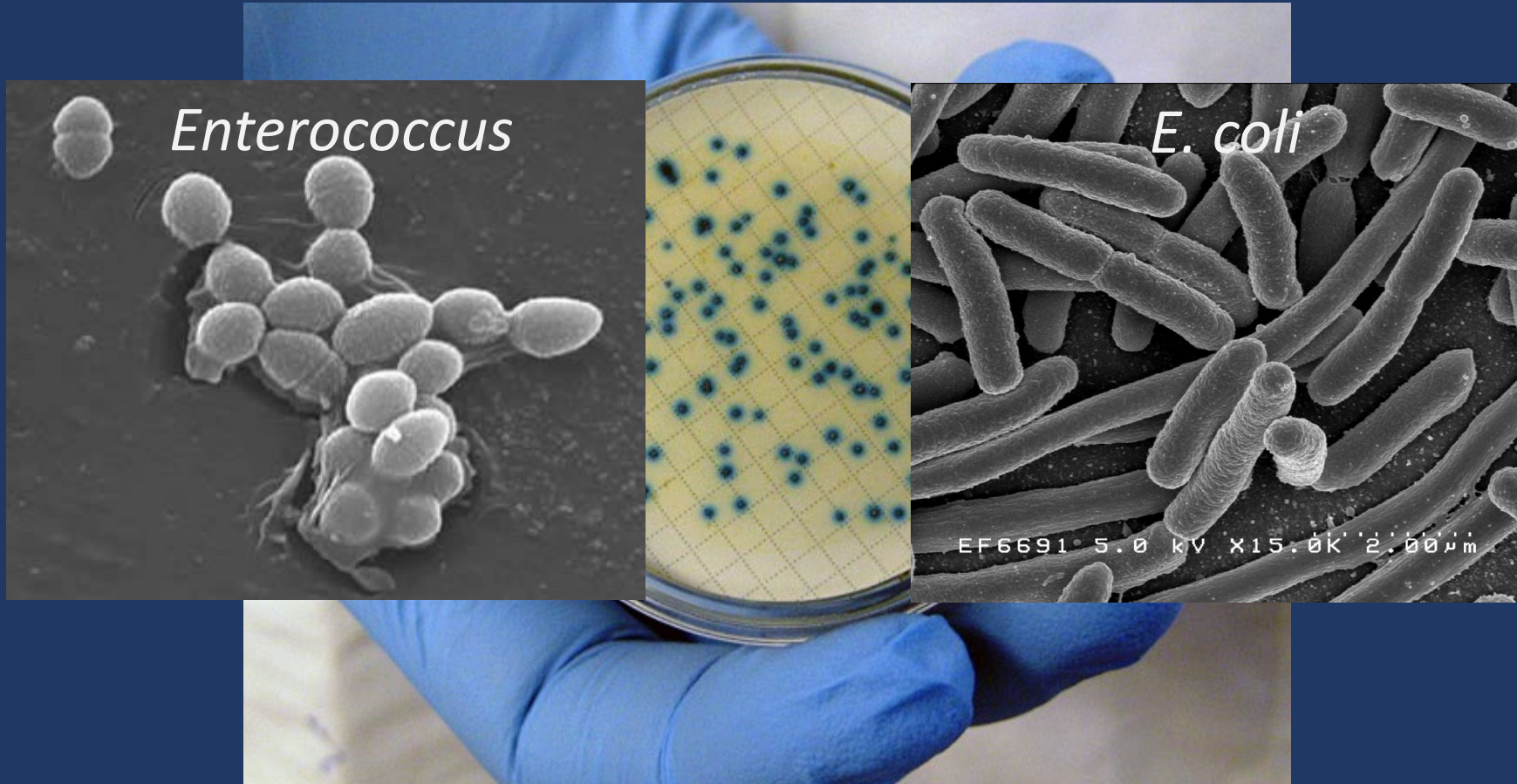
Cryptosporidium



Enteropathogenic *E. coli*

Markers for sewage presence

- FIB = fecal indicator bacteria
- Semi-selective culture methods
- Facultative anaerobes
- Not pathogenic



Basic conclusions from Enterolert data

1. We should have diluted 1/10 from the start (July)
2. High entero correlates with rain
3. Upstream usually higher than downstream

This needs statistical tests

Basic conclusions from Human MST data

1. Upstream usually higher than downstream
2. High Human MST correlates with rain
3. Sci Ctr on Aug 19?
4. Large % of not detected is unexpected. More QC needed.

Basic conclusions from Canine MST data

1. Upstream higher than downstream
2. High Canine MST correlates with rain
3. Mr Trash and Harris Creek often positive